

MARMOT

YOUR GUIDE TO WHAT'S UP ON MOUNT WASHINGTON Volume 14, #2 • Summer/Fall/2004



MORE TO EXPLORE!

Get Ready For The Boomerang!

Crews and equipment began arriving at Mount Washington in late May to assemble the Alpine Resort's latest chairlift, a state-of-the-art, double-load quad that will open up 162 hectares (400 acres) of new terrain in the McKay Lake area. Called *The Outback*, this new terrain will be Mount Washington's first double-black-diamond terrain since it opened 26 years ago.

The Outback is on the other side of the mountain from the Resort, where skiers have been going out of bounds for years. The \$4 million Boomerang lift will open in

December 2004, Resort President Peter Gibson said. "It's exciting," Gibson said. "The profile of the lift on the McKay Lake side is steeper than the Peak Chair at Whistler."

The first load station will be located adjacent to the top station of The Hawk, while the other load will be in the deep folds of the Outback, close to McKay Lake. Riders loading from either station will exit the lift at the top of the ridge, allowing skiers and riders to access runs on either side. The elevation at the peak of the new lift is 4,800 feet. The loading areas will be around the 3,600 feet mark.

"What makes it work is the spacing (between chairs) is 14 seconds apart, so there's lots of time for people to get out of the way," Gibson said.

Continued on Page

Bear Lodge Under Construction! See page 4

Photos courtesy Mount Washington Alpine Resort

Exclusive to *The Marmot* Mount Washington Accommodation Guide Paradise Lake and Buttle Lake Trail Maps & Guides



REDESIGNED. TOTALLY.

AND BOY, DO WE MEAN TOTALLY.



Introducing the all-new 2005 Outback.

Every aspect of this new Outback has been enhanced and refined. The improved clearance, reduced weight and repositioned engine make it better on rough roads. And of course, its sleek looks and full-time All-Wheel Drive make it the perfect vehicle to drive anywhere. See the new Outback at your Subaru dealer. Or visit us at www.threepointnanaimo.com to register for a test drive of the all new Outback at Three Point Motors Nanaimo. You'll be impressed. Totally.



BRITISH COLUMBIA IS SUBARU COUNTRY

Visit us at www.subaru.ca

Three Point Motors Nanaimo Ltd.

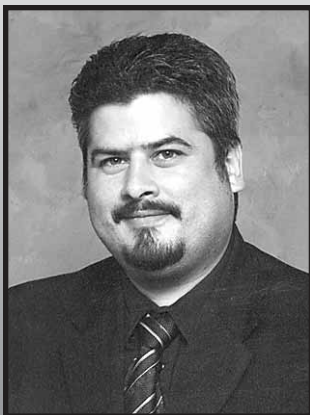
303 Terminal Avenue, Nanaimo BC V9R 5C7

Tel : (250) 753-1444 Toll Free : 1-877-490-9844

www.threepointnanaimo.com

You want Three Point Motors Nanaimo for: Incredible Value, Unparalleled Service, and a Team that Works for You!

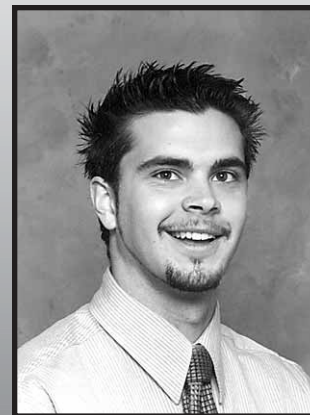
Our relationship begins with the purchase of a Three Point vehicle and extends throughout your ownership experience. We invite you to visit the dealership that possesses the superior qualities matching those of the vehicles we sell.



Gene Olney



Ryan Stolz



Chesne Pakulak

The Boomerang

continued from page 1

Because the new terrain is double black diamond the people using the Boomerang are assumed to be higher-end skiers with experience loading and off-loading, he added.

The 95 chairs will accommodate 1,200 riders per hour in each direction (it's actually designed for 1,400 per hour), traveling at a rate of 2.3 metres per second. The trip to the McKay side of the lift will take 9.5 minutes.

An employee actually suggested the double-load lift, Resort Director of Public Relations Dave Hampshire said. The configuration solves a problem the Resort would have had in powering up The Boomerang, because all the power for the Resort is on one side of the mountain. It would have cost too much to put in a lift any other way.



Ready for assembly

Photo: Rick Gibson

There is only one other double offload lift of its kind in the Pacific Northwest, a fixed double chair at Mount Baker, where it has been operating for 30 years (they're upgrading to a quad this summer).

The lift lines for The Boomerang were cut last October and prep work was completed in the load and offload areas earlier this year. Throughout the summer, foundations will be laid, lift towers placed and the load stations built.

The installation itself will be done by Doppelmayr CTEC and will cost \$650,000. Setting up the infrastructure for the lift will take up the balance of the \$4 million.

The new terrain in The Outback is in the north-facing bowl, stretching from the ridge at Little Mount Washington to McKay Lake. The bowl doesn't get direct sunlight, so it's colder, which means better snow, Gibson said. It also means more consideration of avalanche threat. To combat such a threat, the Resort has purchased an "avalanche launcher", which uses a percussion-type charge to move unstable snow in eight chosen locations. The Resort also hired an avalanche consultant last summer who recommended thinning, not clearing, trees in the new terrain.

The View From Here



Sandra Lamb

THE INSIDE SCOOP

- P. 4 • Bear Lodge Underway!
 - More To Explore This Summer
- P. 5 • Comox Valley Airport Shines
- P. 6 • Explore the Comox Valley
- P. 8 • 2004 Hike & Bike Map
- P. 9 • *Exclusive!* Mount Washington Strathcona Park & Buttle Lake Trail Maps
- P. 13 • *Exclusive!* Mount Washington Accommodations & Events Guide
- P. 21 • Profile: Cheryl Taylor
- P. 22 • Profile: The Adams Family
 - Marmots Struggle to Survive
- P. 23 • Winter 03/04 Review
 - Olympic Update
- P. 24 • Mountain Bike from The Hawk
- P. 25 • Mount Washington Real Estate

Try our New

*Pacific Mist
HydroPath*



One of Canada's Top Spa Resorts



Kingfisher ★
oceanside Resort & Spa



Oceanfront Spa Resort with Awe-inspiring Views
Gourmet Restaurant Voted Top 20 in BC 250.338.1323

5 minutes south of Courtenay on Hwy 19A www.kingfisherspa.com

Gourmet Cuisine



Seafood Buffet ~ July 9 & 30, August 13 & 27



Anticipation of Bear Lodge opening spurs international purchase inquiries

Seven years after its twin opened on Mount Washington, construction has begun on Bear Lodge. And buyers are eagerly waiting in the wings for the 59-unit condo project to hit the market, says Rick Gibson of Royal LePage in Courtenay.

"We are generating a priority list for interested parties and hope to be in a position to presell late this summer." Rick Gibson said he's had expressions of interest from primarily Vancouver Island but also the Lower Mainland, the United Kingdom, South Africa and the United States. "People love the slope side access of Deer Lodge and Bear Lodge, and it's right in the heart of the 'downtown' where Mount Washington will evolve."

Bear Lodge will be similar in design to Deer Lodge, except Bear will be built with new rain-screen technology, according to Dennis Serraglio of Appia Developments, which is overseeing the project. "Same number of units, same layouts, different exterior - the color and cladding will be a little different," he said from his office in Vancouver.

The foundation for Bear was poured at the same time as Deer Lodge, in 1996, but the market went soft in BC and Appia decided to suspend construction. Now, the market has rebounded considerably, and Bear Lodge's time has come.

"We definitely want people to know that it's coming to market." Serraglio said. He admitted it's a relief to be moving forward with the project. "It's been sitting there for a long time, a little too long," he said. "It's good to see the Island real estate market heat up again."

Construction is slated to wrap up by February 2005. The units will be fully furnished in time for an as-yet-unannounced opening day.

With the construction of Bear Lodge, Mount Washington offers 3,500 beds for accommodation. Gibson said interest in drive-in, drive-out buildings is at an all-time high, with many buildings totally sold out. "Rest assured that, assuming Bear Lodge sells out as quickly as it appears to be, there will be another building announced very, very quickly in the same area," he said.

Photo: Rick Gibson



Select suites will feature glimpses of the ocean.



Photo: Boomer Jerritt, courtesy Mount Washington Resort

More to Explore in Summer 2004

Summer is the time for change at Mount Washington Alpine Resort this year, says resort management. This year, the Resort is making a substantial investment in a few projects.

The \$4 million **Boomerang chairlift** is under construction and will open up brand new terrain at the mountain. "We believe it's going to bring people back here who maybe got bored. It's that extra adrenalin rush for skiers and snowboarders of advanced abilities," they said. "We've just been getting awesome feedback."

Also new this summer, the **Hawk Chairlift** has been set up to take mountain bikers into some new novice/ intermediate trails. The new bike loading equipment cost about \$30,000.

And the Resort is **has paved the road to Raven Lodge**, to the tune of \$500,000. "It was the number one complaint this year, was that road," They said. "It's just the conditions up here, with the moisture ... we decided to bite the bullet and just pave it."

Another \$500,000 will go towards **expanding night skiing by lighting up the Whiskey Jack chairlift**. But first, they'll light up the Coaster and the Terrain Park. "We're really adding a whole new element for night skiing, with intermediate terrain," they said.

Despite all the construction happening, they predict the Resort's summer season will be "fabulous". A **nine-hole mini-golf course** is being built near Mountain Tek at the base of the runs. Resort employees have taken care of the construction themselves, and have incorporated an alpine theme: snowboards, bike spokes, etc. "It's not going to be a \$100,000 course," they said, but it will be fun. Golfers will get a mini-putter and ball to play to course, which will be open in mid-July. The disc golf course continues to be a popular option.

The mountain is continuing its festival trend this summer with the Beer Fest, Wine Fest and another Chocolate Fest. On Oct. 2 Fat Teddy's will celebrate Oktoberfest with special dinner and entertainment.

- WOOD STOVES & CHIMNEYS
- GAS FIREPLACE SERVICE
- CHIMNEY SWEEPING
- INSTALLATION OF ALL GAS APPLIANCES
- RE-LINING OF WOODSTOVE CHIMNEYS
- HOT TUB SALES AND SERVICE
- BBQs FOR EVERY BUDGET



REGENCY™
FIREPLACE PRODUCTS



COMOX
FIREPLACE
and PATIO

250-338-8522 • 1-888-223-4411 • 4911 N. Isl. Hwy, Courtenay, BC V9N 5Y9

REGENCY™
FIREPLACE PRODUCTS



Photo: Neil Havers

New Airport Creates Exciting New Regional Opportunities

Big things are happening at the Comox Valley Airport, and they're literally bringing the world to Mount Washington's doorstep.

"This new, expanded airport is great news for Mount Washington and the entire tourism sector," Mount Washington Alpine Resort President and General Manager Peter Gibson said. "It will open up the ski industry and ensure it is a driving force in this region for years to come."

The new terminal on Knight Road, accompanying airside and parking lot are 10 times bigger than the old airport facility. Passengers flying into and out of Comox will now have a roomy facility with proper security and baggage handling facilities, a customs wing, restaurant, gift shop, real

estate kiosk and more.

There are portals and plug-ins for people needing to use their computers, pay phones in the pre-board area and plenty of washroom space - unlike the previous terminal.

"We see the building as being quite inviting to visitors," Airport General Manager Chuck Fast said. "I think with the new site, people will stay for a cup of coffee and enjoy the building."

Dishlevoy Hagarty Architects of Comox capitalized on the airport site's busy nature - they share ramp space with Canadian Forces Base Comox -- when they designed the terminal, and the 40-foot curtain window in the pre-boarding area is the building's main feature.

"It's got the kind of look and ideas and finishing that makes us appear more cosmopolitan," architect Martin Hagarty said.

The customs wing opened up in mid-June to domestic arrivals, and is just waiting for a trans-border airline to come knocking. Seattle-based Horizon Air still hasn't committed to Comox, although airline officials have conducted a site survey. But that's not a concern to the airport commission, which in early June welcomed Air Transat's decision to fly non-stop charters between Comox and Puerto Vallarta, Mexico.

Air Transat will charter a WestJet Boeing 737-700 for the flights, which will depart Comox every Monday between Dec. 20, 2004 and March 21, 2005. "We weren't too sure the market could support an airplane," Air Transat Director of Sales for Western Canada Gerry Roussin said at a recent press conference. Then the Montreal-based wholesale travel company did an internal review and discovered that 1,000 passengers from the Comox Valley area fly to Puerto Vallarta every year. They've already pre-sold 100 tickets and expect to sell out every flight.

"Once you have the customs facility ...



Photo: Neil Havers

The spacious, sun lit interior makes the Comox Valley Airport a welcoming first impression.

you just don't know what's available," Fast said. "Terry Law (CVAC director) got a call from Signature Vacations saying 'why didn't you tell us (about the charter service)?' Aloha Airlines phoned and said 'what about us?' Once you have a suitable facility, the business will come."

WestJet has announced in June that it is entertaining international flights out of its major centers, which could benefit the Comox-Calgary run.



Photo: Marge Garipey

COMOX VALLEY FLOOR CENTRE

Expect the best.

897-1166
120D N. Island Hwy.
Courtenay, BC

Flooring CANADA

Your guide to What's Up on Mount Washington

The Mt. Washington
Marmot

Published for your convenience by Rick Gibson and Julia Perrie in the Comox Valley.

If you are looking for more information, wish to advertise, or want to submit information in future issues contact us at (250) 334-3124 or by e-mail: rick@themarmot.ca

Editorial: Susan Quinn
Design/Production: Havers Design
Sales: Wendy Woodley
Ph. 250-897-3678 E-Mail: wendy@themarmot.ca
Printed in Canada

To read past issues of the Marmot go to
www.themarmot.ca

Island PUBLISHERS LTD.

Quality Printers
of Weekly and Monthly Publications,
Flyers, Recreation Brochures. Distribution
available through community
newspapers from Victoria to Port Hardy.

Call For Free Estimate
727-2460 ♦ 245-0350

Two Conveniently Located Printing Plants
Victoria 250-727-2460 200-770 Enterprise Crescent
Ladysmith 250-245-0350 23 High Street

A Gentler Time



Antiques, Etc.

308 Fifth Street
Downtown Courtenay
334-4676

Artwork By Robert Lundquist

For all your fine art and illustration needs

Commissioned Paintings & Custom Murals

Portraits, landscapes, wildlife, aviation, sci-fi fantasy etc.

Giclee Fine Art Printing

250 334 0630
www.robertlundquist.com



atlas cafe

BREAKFAST
LUNCH
DINNER

OPEN 7 DAYS A WEEK (Closed Monday Night)

GLOBAL CUISINE

250-6TH STREET, COURTENAY 338-9838

\$2 Billy Bucks \$2



Good for Two Dollars at Billy D's
Limit one per customer, per day-not valid with any special
Valid with food purchase only.

268-5th Street, Courtenay Tel. 250-334-8811

The Anco
MOTEL

37 New Rooms Now open!

CLEAN, COMFORTABLE, AFFORDABLE ACCOMMODATION

TOLLFREE: 1-877-393-2200
PH: 250-334-2451 FAX: 250-334-3420

ancocourtenay@shaw.ca • 1885 Cliffe Ave, Courtenay, BC V9N 2K9

STAY & PLAY...

The Comox Valley is looking forward to your visit!

Make sure to check out the Comox Valley on your visit to Mount Washington. You'll find great places to enjoy a meal, find that special gift or to be entertained.

Comox Valley stretches from Fanny Bay to Saratoga Beach and from Strathcona Park to the Strait of Georgia, and includes Courtenay, Comox and Cumberland, as well as Denman and Hornby Islands. "Alpine to Ocean" describes the endless variety of beaches, mountains, parks, activities and attractions that can be experienced here.

Canine Castle
DOGGIE DAYCARE & BOUTIQUE

Grand Opening
July 1st 2004

Limited Space
Discount for
Early Registration



5322 N. Island Hwy, Courtenay, B.C.
Phone: 338-8383 caninecastle@shaw.ca

ANCO MOTEL 66 rooms (37 new) air conditioned, kitchenettes, Internet access, cable TV, in-room coffee/tea, coin laundry, seasonal outdoor pool, non-smoking/smoking units. Close to restaurants, shopping, golf, fishing, hiking and Mount Washington Alpine Resort.

ARTWORK BY ROBERT LUNDQUIST
Robert Lundquist has been painting in the Valley for 20 years and has become a very fine well rounded artist. Working in almost all media, and drawing or painting any subject.

ATLAS CAFE is a global experience with a world of choices! ATLAS serves fresh and innovative cuisine for breakfast, lunch and dinner. Diners will appreciate the warm and inviting vibe and we feature fresh desserts, espressos, juices, kids menu and nightly specials. **ATLAS CAFE** is licensed and non-smoking.

BILLY D'S PUB & BISTRO - "HOME OF THE 55 MARTINIS" on 5th Street, downtown Courtenay, is more than just a Pub. BILLY D'S is known for their large portions of healthy nutritious food, great prices and the fun place to go in Courtenay.

CANINE CASTLE - DOGGIE DAYCARE & BOUTIQUE At CANINE CASTLE playtime is supervised, and well-mannered behaviour is constantly reinforced in a gentle way. We help house train young puppies. Our boutique has everything for the spoiled pet & owner. "We'll treat your dog like royalty" is our motto.

CIBC WOOD GUNDY is proud sponsor of Mount Washington Alpine Resort. This sponsorship includes supporting an innovative cross-country ski program with selected local schools. Call 703-5380 for more information.

The **COMOX VALLEY ART GALLERY**, the regional public gallery, offers contemporary exhibition programming with a new show every SIX weeks. Our Gallery Shop carries a juried selection of high quality, original design works showcasing the best of local and regional crafts. For contemporary art, pottery, jewellery and more, CVAG invites you to come in and enjoy!

DESTINATIONS is a job placement agency sponsored by B.C.'s tourism industry, provides a service to employers in the tourism, hospitality and retail fields. In its 9th year of operation, DESTINATIONS saves employers time, energy and money.

Vibrant, eclectic, fun and unique . . . **DOWNTOWN COURTENAY** has a classic charm that is not often found, and well worth the visit! From cozy bookshops to cutting edge fashion, fresh flowers to hand-made chocolates, antique treasurers to fossil discovery tours, **DOWNTOWN COURTENAY** has something for everyone. Add to this a wide range of restaurants, a fabulous museum, theatre, cinema, parks, art galleries and more.

FINE AUDIO is an Audio & Home Theatre store specializing in quality, affordable systems and components along with real service. We select our products carefully with price and performance in mind. If you love music, you will love **FINE AUDIO**.

KRADLE'S BABY BOUTIQUE is known throughout the Comox Valley for its unique Quality Gift and Clothing products. KRADLE'S feature brand names such as Avent, Kushies, Robeez, Baby Bjorn, Lamaze, Peg Perego and Zooper Strollers. Clothing sizes range from newborn to size 6X. KRADLE'S is conveniently located on 5th Street in downtown Courtenay and is open 6 days a week 10:00 - 5:30

Rick Morson
Vice President
Investment Advisor
(250) 703-5383 • 1 (888) 672-0922



CIBC CIBC Wood Gundy
www.cibcwoodgundy.com

CIBC Wood Gundy is a division of CIBC World Markets Inc., a subsidiary of Canadian Imperial Bank of Commerce and Member CIPE.

A GENTLER TIME, Antiques Etc. (Corner 5th & Duncan) Renowned for their stunning window displays and excellent prices, collectors, interior decorators and returning visitors make it a priority to shop here first. Chic and charming quality heirlooms! Open daily 10 - 5, Sundays 12 - 4.

COMOX VALLEY ART GALLERY

GALLERY SHOP

WOOD, GLASS, SILVER, POTTERY & MORE!



367 FOURTH STREET
DOWNTOWN COURTENAY
TEL: 250-338-6211

discover

COMOX VALLEY
www.comox-valley-tourism.ca

The Comox Valley offers spectacular shopping, dining, entertainment, outdoor adventure and much more.

For more information about activities in this exciting area visit:

Comox Valley Visitor Info Centre
1-888-357-4471 • (250) 334-3234

2040 Cliffe Avenue, Courtenay

Destinations
BC's first choice for jobs in Tourism

- A JOB PLACEMENT SERVICE for EMPLOYERS
- We SAVE EMPLOYERS MONEY, TIME & ENERGY
- Sponsored by BC's Tourism Industry
- CALL US for more information

211-2270 Cliffe Ave., Courtenay, BC

Ph: 334-9823

SHOP. DINE. PLAY.
We've got it all Downtown!



DOWNTOWN COURTENAY

www.downtowncourtenay.com

For music lovers, there is no other choice.



High Fidelity Music & Home Theatre Systems
www.fineaudio.net
 108-501 4th Street, Courtenay
 338-4398 • Toll-free: 1-877-356-3030

Spoil Someone Special!

For great selection and the ideal baby gift, its Kradles Baby Boutique!



226 5th Street, Downtown Courtenay • 703-9516

martine's



bistro • patio • bar

Casual Fine Dining
 In A
 Relaxed Atmosphere

Patio is now open!

1754 beaufort avenue, marine plaza, comox 339-1199

A Unique Boutique...



with the best in comfortable, quality clothing.

Conveniently located in downtown Courtenay.

442-D Duncan Ave., Courtenay Tel: 250-334-2447

SHOP & DINE!

MARTINES BISTRO Enjoy west coast flavors at MARTINE'S BISTRO, near the Comox Marina. The menu features imaginative dishes of fresh local seafoods, and meats grilled to perfection, all served with the freshest vegetables. Tapas style appetizers can be enjoyed at the bar with a glass of good wine, or outside on the patio with mountain and harbor views. Live acoustic music nights.

Discover the ultimate in relaxed comfort at **PENNY TYME FASHIONS**. This outlet of fashion, features wash and wear suedes, the latest fashions from Canada and Europe, Tommy Bahama silks and much more. Make time for Penny Tyme Fashions - your FIRST stop for affordable, quality - timeless lifestyle fashions!

RATTAN PLUS LTD. serving Vancouver Island for 20 years. We have well priced, quality rattan and teak furniture, luxurious bedding, towels and home decor accessories, chosen to appeal to the most discerning consumer.

SECOND WIND INTERIORS Home decor with heart & soul - antiques & uniques, kitchenwares, vintage linens, wicker & bamboo, and a fabulous selection of home furnishings. We've recently expanded this fun & friendly consignment shop to over 3400 sq. ft. New treasures arrive daily!

TITA'S MEXICAN RESTAURANT A seasonally changing menu of fresh authentic Mexican cuisine inspired by the freshest local produce and seafood, fresh fruit margaritas, great service, warm and friendly atmosphere with two cozy fireplaces,



(Above) Robert Lundquist mural gracing the wall of Rattan Plus.

Mexican hot chocolate, Kid's menu. Take out available. Open 4:30 p.m. to 10:00 p.m. daily.

TULIO'S CASITA offers Fine Dining with a Mediterranean flavour. Family owned and operated, TULIO'S has been serving the Comox Valley for over 25 years. To enjoy their specialties of Steak, Schnitzel, Seafood or Lamb at your favourite table, call your Host Teresa at 338-6031 for a reservation. Open Tuesday to Saturday, 625 Cliffe Avenue - at 6th in beautiful downtown Courtenay.

Looking for things to do in the Comox Valley? Complete lists are available at www.comoxvalleychamber.com or www.comox-valley-tourism.ca

VALHALLA PURE OUTFITTERS are Canada's "MOUNTAIN SPORTS" Specialists! They feature ~Valhalla Pure~ outdoor clothing, made right here in B.C. In addition, their knowledgeable friendly staff can show you the best selection in the best name brands in outdoor clothing, footwear, backpacking, climbing and travel gear -

and all at the best prices - guaranteed! **VALHALLA PURE OUTFITTERS** ... for the adventure! All locations open every day!

YAMATO is the only place in the Comox Valley you can enjoy traditional Japanese food. The fully licensed eatery has wide menu selection including sushi, teriyaki and tempura. Dinner Tuesday to Saturday and take-out. Closed Sunday & Monday. Call 334-2025 for lunch open days.

Filberg Park is truly a unique and extraordinarily beautiful urban park in Comox. This nine-acre, waterfront refuge was once the estate of logging baron, Robert Filberg. The Heritage Lodge is an architectural wonder of many amazing details including a cannonball, and a petroglyph. The grounds are treed with majestic, mature plantings of species from around the world. The fragrant hillside herb garden is maintained by volunteer horticultural enthusiasts. A species rhododendron garden, a shady ravine and bubbling brook, and a quiet meditation garden are only some of the special aspects of this property. Mark



291 - Fifth Street, Courtenay 338-0211



Second Wind Interiors

Over 3500 sq. ft. of Home Furnishings & Decor

HOURS:
 Mon-Sat: 10-5
 Sunday: 12-4

897-3988

420 Fitzgerald Ave.

this as a 'must visit' while you are in the Comox Valley, whatever time of year you are here. The grounds are open most days of the year, 8AM to dusk, and the Heritage Lodge (339-2715) is open for guided tours during the summer months, as is the daytime Teahouse. For twenty-five years the park has been managed by a not-for-profit association whose main fundraiser, the Filberg Festival takes place mid-summer. **The Filberg Festival** encourages excellence in art and craft and features up to 140 of Canada's talented artisans. Over 23,000 visitors attend annually to see and buy a stunning variety of hand-made work and specialty foods. In addition, wonderful entertainment and a wide range of culinary treats are also available. Bring yourself and your family and see what all the fuss is about July 30-August 2, 2004.

www.filbergfestival.com Tel. 250 334-9242

"Love in every bite"

TITA'S Mexican Restaurant



- ♥ Fresh Local Seafood & Produce
- ♥ Fully Licensed

536 6th Street, Courtenay 334-8033

www.tita.ca
 Open 7 days a week 4:30 pm

Tulio's Casita Ltd.

Fine Cuisine

Steaks - Seafood - Schnitzel
 Fully Licensed Dining Room



RESERVATIONS RECOMMENDED

PH: 338-6031

8-625 CLIFFE AVENUE
 COURTENAY, BC

VALHALLA PURE OUTFITTERS

... for the adventure!

Canada's "MOUNTAIN SPORTS" Specialists!

334-3963

219-5th St. Courtenay

www.vpo.ca

Open Every Day!



YAMATO
 JAPANESE RESTAURANT

DINE IN • TAKE OUT • SUSHI • HOT & COLD ENTREES
 FULLY LICENSED • LUNCH - TUES. WED. THURS. FRI.
 CLOSED SUNDAYS

RESERVATIONS (250) 334-2025
 FAX: (250) 338-4790 597 CLIFFE AVE., COURTENAY, BC

2004 HIKE AND BIKE TRAIL GUIDE

mount Washington

ALPINE RESORT SUMMER TRAIL GUIDE

Mountain Bike Trails

- Less Difficult (37%) □ More Difficult (30%)
- ◆ Most Difficult (33%)

Eagle Express

- Monster Mile 2.4 Km ◆
- Crusher 2.9 Km ◆
- Blue Vein 0.4 Km ◆
- Hidden Alley 0.9 Km ◆
- Hustler 1.0 Km ◆

The Hawk

- Finger Trail 6.0 Km □
- Big Brother 2.3 Km □
- Helter Skelter 1.6 Km ◆

Base Access

- Discovery Trail 4.4 Km ●
- Cross Country Race Course 6.1 Km ●
- Bike Cross 0.2 Km ●
- 28.2 Km

Hiking Trails

- Less Difficult (19%) □ More Difficult (23%)
- ◆ Most Difficult (58%)

Eagle Express

- Linton's Trail 2.2 Km □
- West Summit Ridge Trail 4.1 Km ◆
- Giv'r Trail 1.3 Km ◆
- Top Of The World Trails 0.8 Km ●

Base Access

- Lodge Trails 0.5 Km ●
- Memory Lane 0.5 Km ●
- 9.4 Km

— A — ATV Trails 16.1 Km ★ Viewpoint

— Horse Trails 🅑 Parking

— Summer Chairlifts 🆘 First Aid

— Vehicle Access Road 🅒 Trials Park

Stay on marked trails to avoid damage to the environment.

Respect wildlife. Do not feed or approach.

Watch for pedestrians, vehicles and bikers.

Dogs must be leashed at all times.

Enjoy the ride!

www.mountwashington.ca

Visit British Columbia's spectacular and rugged West Coast onboard the MV Uchuck III

The MV Uchuck III is a coastal passenger and freight vessel that provides numerous services to ports-of-call in Nootka, Esperanza and Kyuquot Sound.

Watch the day-to-day events of a working coastal vessel as the M.V. Uchuck III plies the historical waterways of Nootka Sound. Explore the shores and waterways of isolated inlets and view the variety of wildlife that awaits you around each corner. The

areas traveled by the M.V. Uchuck III are rich in history. A day trip to spectacular Friendly Cove, better known as the birthplace of British Columbia, is a must to see on everybody's travel list. If you desire a longer voyage try our two-day adventure trips to Zeballos and Kyuquot. Here the M.V. Uchuck III goes about delivering cargo to isolated marine out posts. If you are looking for something different than the norm, these trips are for you!

Located at its homeport in Gold River, the M.V. Uchuck III is your way to relax and enjoy the beauty of the West Coast. Our friendly crew and staff will make your visit a memorable one.

To contact us:
 (250) 283 2325 or (250) 283 2515
 On the web: www.mvuchuck.com
 Email: info@mvuchuck.com
 Reservations on all voyages are required.



YOUR ACCESS TO ADVENTURE...

YOUR TICKET TO PLACES YOU COULDN'T OTHERWISE GET TO... FOR SPECTACULAR SIGHTSEEING, WILDLIFE AND KAYAKING... FOR YOUR NEXT ADVENTURE, TRY A CRUISE ONBOARD THE M.V. UCHUCK III.



www.mvuchuck.com



Reservations
 Required:
 Phone

250-283-2515





FORBIDDEN PLATEAU PARADISE MEADOWS

Strathcona Provincial Park

2004 MAP & TRAIL GUIDE

Strathcona Park Institute Offering Weekend Programs

Weekend visitors to Strathcona will again have the option of taking a guided walk around Paradise Meadows with a Strathcona Park Institute interpretive guide, or let their children take part in some of the new activities planned for the summer.

INFO HUT: An Interpreter will manage the Info Hut at the new visitors parking area. The Info Hut is full of fascinating natural history objects that the kids will love and the volunteers there can update you on trail conditions and hiking destinations. The hut is open from 10-5pm Friday, Sat, Sunday and holiday Mondays, July 1st - September 6th. Kids: Every Saturday at 10:00am throughout the summer kids can enjoy Paradise Meadows through a children's nature program. The program encourages children to learn about the natural world, helping them discover the plants and animals around them and developing their naturalist skills. Suitable for children ages 5 -12, 2 hour duration

GUIDED WALK: For adults and families, a 90 minute walk of Paradise Meadows trail led by Interpreter and local expert volunteers. Saturdays: 1:00pm

Guest Walk: For adults and families a 90 min to 2 hour walk or lecture presented by a Guest expert on a variety of topics (TBA). Sundays at 1:00pm.

All walks and programs are to be conducted in Paradise Meadows and will begin at the Information Hut. Look for the event schedules at the Visitors Info-hut, the Raven Lodge or the local newspapers. Anyone interested in learning more about the natural world and Strathcona Park is welcome. To help the Institute's operational costs, a donation of \$2.00 per person (\$5.00 per family) is suggested for these popular programs.

For visitors wishing to enjoy the local flowers and shrubs in the meadows at their own leisure, the Institute volunteers will have plant markers in place at various locations on the small loop walkway. The Institute has produced a small brochure that will also be available at the Info-hut to help those wishing to take a self-guided plant identification walk.

The Institute is again continuing the **weekend information service at Buttle Lake** (200 yards past the Gold River turn-off). Look for the sign before crossing the Buttle Lake bridge. This is a voluntary service, thanks again to Gerry Roberts. Beginning June 25th, hours of operation will be: Fridays: 3-9 pm (or dusk), Saturdays: 10-6 pm, Sundays: 10-4 pm. This service ends



Photo: Neil Havers

September 6th. Volunteers are always welcome to help at either of the Info-huts. Obviously a good knowledge of Strathcona Park and its trails is essential.

As a non-profit society, the Institute's mandate is to continue to facilitate a co-operative effort to assure support for continuing education, information and park stewardship. In order to keep the organization running, they are always in need of directors and supporters. Their vision and present goal is to eventually create, with community partners, a Visitors Information and Park Interpretive Centre.

If you are interested in supporting the goals of the SWI, in any way, phone and leave a message at: 250-337-1871

or e-mail: swi@island.net. The Institute website is: www.strathconapark.org.

(Above) The raised trail system in Paradise Meadows allows visitors easy access to many areas of the park.

BC Parks 2004 Map & Trail Guide courtesy of Rick Gibson



Rick Gibson Ph: 250-334-3124 (24 hrs) Cell: 250-334-7503



July 30,31, August 1,2
11-7 Fri, Sat, Sun • 11-6 Holiday Monday
Daily Admission: \$8 Adults, \$2 Children
61 Filberg Road, Comox
Advance Tickets available • Details Online at www.filbergfestival.com
No pets please • Park and Ride • Bicycle lockup onsite

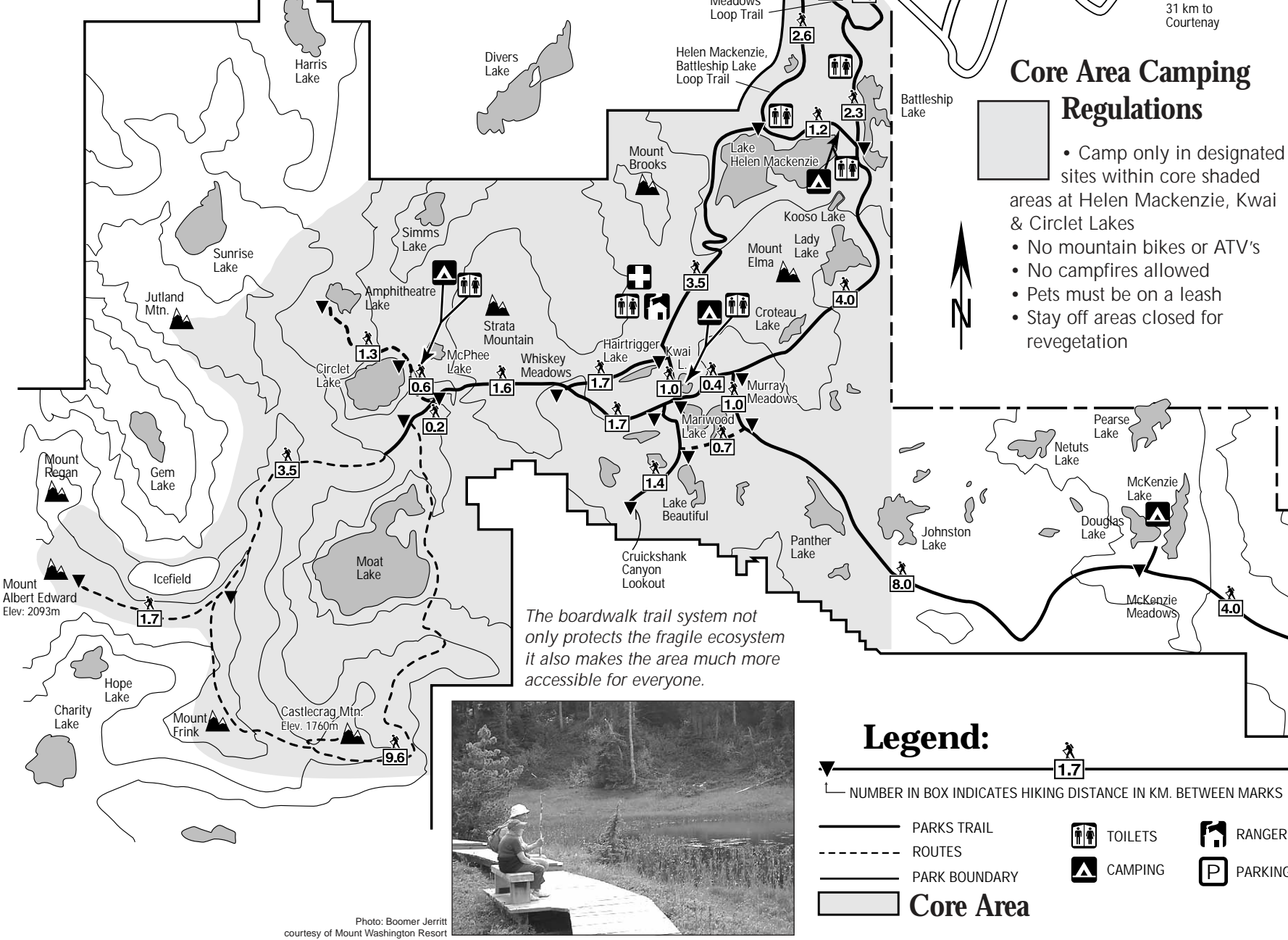
Filberg Festival celebrates excellence in Art & Craft in a unique Heritage Site setting. Open year-round, and worth a visit anytime of the year, the fabulous nine-acre waterfront park is a superb setting for the handmade work of up-to 140 talented Canadian artisans. Dynamic entertainment and tasty food are also a big part of this four-day family event. Come and find out why 25,000 people attend each summer.



250-334-9242

FORBIDDEN PLATEAU PARADISE MEADOWS

Strathcona Provincial Park



The boardwalk trail system not only protects the fragile ecosystem it also makes the area much more accessible for everyone.



Photo: Boomer Jerritt courtesy of Mount Washington Resort

Cache your food!

BC Parks has installed new metal food caches at Lake Helen Mackenzie, Kwai Lake and Circllet Lake campsites.

Core Area Camping Regulations

- Camp only in designated sites within core shaded areas at Helen Mackenzie, Kwai & Circllet Lakes
- No mountain bikes or ATV's
- No campfires allowed
- Pets must be on a leash
- Stay off areas closed for revegetation

In Case of Emergency...

- Contact Park Rangers in the area. Location of Park Rangers will be posted on the notice board at the ranger cabin.
- Phones are located at Mount Washington.
- In case of emergency, Phone 911
- To report a forest fire, dial 0 and ask for 1-800-663-5555

Maps and Guidebook

Scale 1:50:000 Nat. Topographic Series -92 F/11 Forbidden Plateau -92 F/12 Buttle Lake Hiking Trails III Central and Northern Vancouver Island.



Photo: Neil Havers

For Further Information

- See Park Rangers and Park Operators in the area.
- Web contact: wlapwww.gov.bc.ca/bcparks/

Routes

These routes are suitable for experienced hikers. People using these routes should have map and compass skills and be prepared for inclement weather.

From Circllet Lake

Mt. Albert Edward 2093 m
Elevation gain: 935 m
Distance: 6.5 km
Suggested time to summit: 5 hrs.

Follow signs towards Albert Edward from Circllet Lake intersection. Trail climbs steeply for first 3 km. Once the first ridge has been reached look for route leading South and follow for 2 km. It's another 1.5 km to the summit.

Castle Crag 1760 m
Elevation gain: 620 m
Distance: 6.3 km
Suggested time: 5 hrs.

Route begins at the southeast end of Moat Lake. Follow route to the small col west of the summit. It's a steep scramble over loose rock to the top. Caution: This route crosses boulder fields and slopes with loose rocks.

From Albert Edward

Augerpoint route (not shown on map)
Distance: 25 km one way
Suggested time: 3 days

An extended route through to Buttle Lake. From the summit of Albert Edward descend it's southwest ridge to the drainage divide above Norm Creek and Ralph Lake. Continue up to Ruth Masters Lake

Legend:

- NUMBER IN BOX INDICATES HIKING DISTANCE IN KM. BETWEEN MARKS
- PARKS TRAIL
- ROUTES
- PARK BOUNDARY
- TOILETS
- CAMPING
- RANGER CABIN
- PARKING
- Core Area

Visitors enjoy hiking the trails from July through November.

SKI & SURF SHOP
Island Style Sports & Fashion
333 Fifth Street, Courtenay
338-8844

Ski & Boogie Boards and Accessories

Full service kayak shop
Touring • Recreational • Whitewater
Sales • Demos • Lessons

Summer wear for guys & girls
Open 7 Days a Week

STRATHCONA PARK LODGE & OUTDOOR EDUCATION CENTRE

CANOEING
HIKING
KAYAKING
ROPES COURSE
ROCK CLIMBING

ALPINE CHALET at Mt. Washington
CABINS & ROOMS on Upper Campbell Lake
MEALS
BOAT RENTALS

DAY VISITORS WELCOME!
250.286.3122 / strathcona.bc.ca

TOSCANO'S
FINE ITALIAN CUISINE

Dine on the Deck
Short stroll to Comox Marina
Open for Lunch & Dinner
Minutes to Filberg Lodge

Your hosts: Wendy & Bill Meade

Reservations Recommended (for 6 or more)
Tel: 250-890-7575

140 Port Augusta, Comox

Riding Fool Hostel
Tourism BC Approved
dorm 17.99 private 44.99

corner of 2nd and Dunsmuir in historic downtown Cumberland
www.ridingfool.com
1-888-313-3665

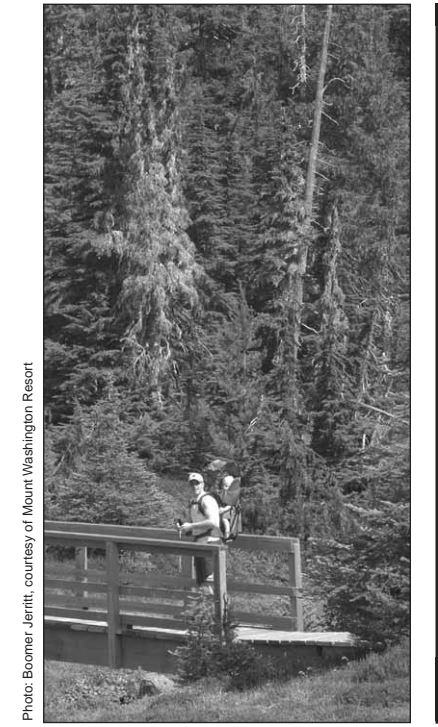


Photo: Boomer Jerritt, courtesy of Mount Washington Resort

UNION STREET

GRILL & GROTTO

SOMETHING for EVERYONE!
Keep an eye on Union Street over the summer!

477 Fifth Street • 897-0081

THE Romance Shop.org

Feeling Sexy?
Finest quality lingerie, pleasure toys, lubes...
Romance 'Home Party' specialists!

COURTENAY
589 Cliffe Ave. | 338-0669

VICTORIA
2018 Douglas St. | 380-0069

DUNCAN
80B Trunk Rd. | 715-1269

Vancouver Island Golf Tour Packages!

Package includes 18 holes at your choice of six golf courses*, and 1 night deluxe accommodation at the Coast Westerly Hotel in Courtenay.

Prices from \$73.50 per person*

- Morningstar (Parksville)
- Fairwinds (Manouss Bay)
- Eaglecrest (Qualicum Beach)
- Crown Isle (Courtenay)
- Glacier Greens (Comox)
- Storey Creek (Campbell River)

Phone toll free: 1-800-553-7797
For more info or reservations in Courtenay, phone: (250) 333-7711

The Coast Westerly Hotel
1500 Cliffe Ave., Courtenay BC V9N 2K6



Mountain weather can change without warning, be prepared. Take spare, warm clothing and rain gear. It is advisable to leave an itinerary of your trip with a friend or relative.

(local name) and above to the saddle southwest of Augerpoint Mtn. Continue southwest along the ridge to a high point of 1760 m before descending a long ridge above Shark Lake. Continue northwest along route to reach the beginning of the Augerpoint Trail. This trail descends steeply for 1400 m before arriving on the Buttle Lake Parkway at Buttle Lake.

The following guidelines will help to ensure that the Forbidden Plateau area remains pristine for all who venture there.

Hiking Trails - Please stay on designated trails, stay off revegetated areas and avoid taking short cuts.

Camping - Designated camping sites are located at Lake Helen, Mackenzie, Kwai, Circllet and McKenzie-Douglas lakes. Please use the tent pads and toilets where provided. If a tent pad is unavailable choose a site that has exposed soil or will not easily be impacted.

Fires - Campfires are prohibited. Please pack a campstove for cooking.

Garbage - Help keep the back country clean. Pack out all garbage and please pick up any litter you see. Please do not use outhouses for trash receptacles.

Pets - Please keep your pet on a leash at all times. Free running pets can harm other animals, irritate other visitors and can be harmed by wild animals. Do not allow your pet to swim in the lakes as this could contaminate drinking water sources.

Groups - Larger groups of people tend to concentrate use in an area and cause extensive damage to the fragile vegetation. To reduce these impacts, we recommend that group size be restricted to ten or less people. Where this is not possible, the larger group should be split into smaller groups which should travel and if possible camp in different locations.

Water - Drinking water is available from the lakes at all designated campgrounds. All drinking water should be boiled or purified prior to consumption. Please avoid swimming in these areas as it may contaminate the water supply. It is also important to use the toilets and grey water pits provided to keep these pollutants from entering the lake.

Safety - To avoid bear conflicts while camping, never leave food, garbage or toilet articles in your tent. Please use pack sack hangers provided at designated campgrounds. Hikers should make noise when approaching blind corners to warn off bears and other animals.



BUTTLE LAKE

Strathcona Provincial Park

2004 MAP & TRAIL GUIDE

Strathcona Park's Buttle Lake is easily accessible in forty five minutes from Campbell River on highway 28. The drive takes you alongside the Campbell and Upper Campbell Lakes ending with views of the expansive waters and dramatic mountains of the Buttle Lake corridor.

The beauty of this peaceful place will take your breath away, and you will find great opportunities for camping and recreational pursuits.

People come to fish for trout, and to swim, canoe, kayak, board sail, picnic, sunbathe and waterski on the 25 km of lake, while others enjoy the easy and interesting nature walks, or more challenging back country hikes. Local guides and club members rock climb at Crest Creek Crags. Some visitors just sit quietly in the shade of ancient trees and enjoy the fresh air.

Camping facilities include 85 sites at **Buttle Lake Campground** on the lake at the North end, and 75 sites at **Ralph River Campground** with both lake and river access at the south end of the lake. **Driftwood Bay Campground**, an excellent facility for groups, is located separately on the northern end of the lake. You will also find simple wilder-

ness camping opportunities for boaters on the western shoreline.

A pleasant white sand beach and a playground for children are available at Buttle Lake Campground. There is a concrete boat-launch ramp within two kilometres, and also an undeveloped gravel launch nearby. The lake levels are controlled by hydro electric dams and tend to be low during the winter but normally rise for the summer months.

Ralph River Campground is shaded by the graceful beauty of an ancient forest of cedar, hemlock and fir trees underneath which you will likely see the resident blacktail buck grazing. This peaceful campground borders both the lake and a lovely clear river, which is at times alive with spawning trout. It's a popular spot for both fishermen and hikers of all levels. Many of the trails are easily accessible from Ralph River Campground.

There are interesting trails to explore, some less strenuous and others more challenging, and each with unique features to enjoy. Opportunities abound for everyone throughout the Buttle Lake corridor. For further information refer to the map on the next page. If you are at Buttle Lake go to park headquarters, where volunteers from the Strathcona Wilderness Institute will assist you Friday, Saturday and Sunday.



Photos: Neil Havers

Check out the Parks web site at www.gov.bc.ca/bcparks/.

Come to the campgrounds at anytime as there are almost always sites available on a first come first serve basis at both major campgrounds. If you would like to make a reservation at Buttle Lake Campground call Discover Camping at 1-800-689-9025, or link up to website at www.discovercamping.ca. To book Driftwood Bay group campground call 250-337-8550.

BC Parks 2004 Map & Trail Guide courtesy of **Rick Gibson**



Rick Gibson
Ph: 250-334-3124 (24 hrs)
Cell: 250-334-7503

Strathcona Provincial Park INFORMATION HUT

Run voluntarily by The Strathcona Wilderness Institute

Do you have questions about Strathcona Park and its fascinating plants, wildlife or history? Are you interested in taking an easy day hike or exploring some of the challenging back country?

Strathcona Wilderness Institute is pleased to provide all visitors with a wide range of information about BC's oldest, and one of our largest provincial parks. Maps, trail up-dates, details about visitor services and other useful information will be available every weekend starting June 25th. To find out more about Strathcona, stop at the Park Information Hut and pay us a visit. We are located 300 metres south of highway 28 at Buttle Lake bridge turn-off to Gold River, at the Park Headquarters just watch for the signs!

HOURS OF OPERATION

June 25 to September 6, 2004

- Friday: 3 pm ~ 9 pm (or dusk)
- Saturday: 10 am ~ 6 pm
- Sunday: 10 am ~ 4 pm
- Monday: 10 am ~ 3 pm (holidays only)
- Thursday: (July 1st only) 3 pm to 9 pm

PLATES
APR 00

Fill up before you head home!

Conveniently located between Zellers and Walmart off Kilpatrick. Open 7 am - 8 pm, 7 days a week 334-8087

#3 468-29th Street, Courtenay

Pick up some fresh Fanny Bay Oysters or other ready to enjoy seafood!

- Smoked Salmon Paté •
- Mini Seafood Quiches •
- Indian Candy • Antipasto •
- Home Made Chowders •
- Smoked Oyster Paté • Sushi •
- Salmon Rolls • Fresh Crab •
- Party Platters •

Order Now!
9 am-6 pm daily, 9 am-9pm Friday
Take Buckley Bay Exit 101 off Hwy. 19 to Petro-Can Denman Ferry Landing

Phone 250-335-1198
info@fannybayoysters.com
www.fannybayoysters.com

... Your one-stop adventure shop!

Visit **CANADIAN TIRE COURTENAY** before you head to the great outdoors!

- FISHING GEAR • SPORTING GOODS
- CAMPING • TARPS & TENTS
- AUTOMOTIVE NEEDS

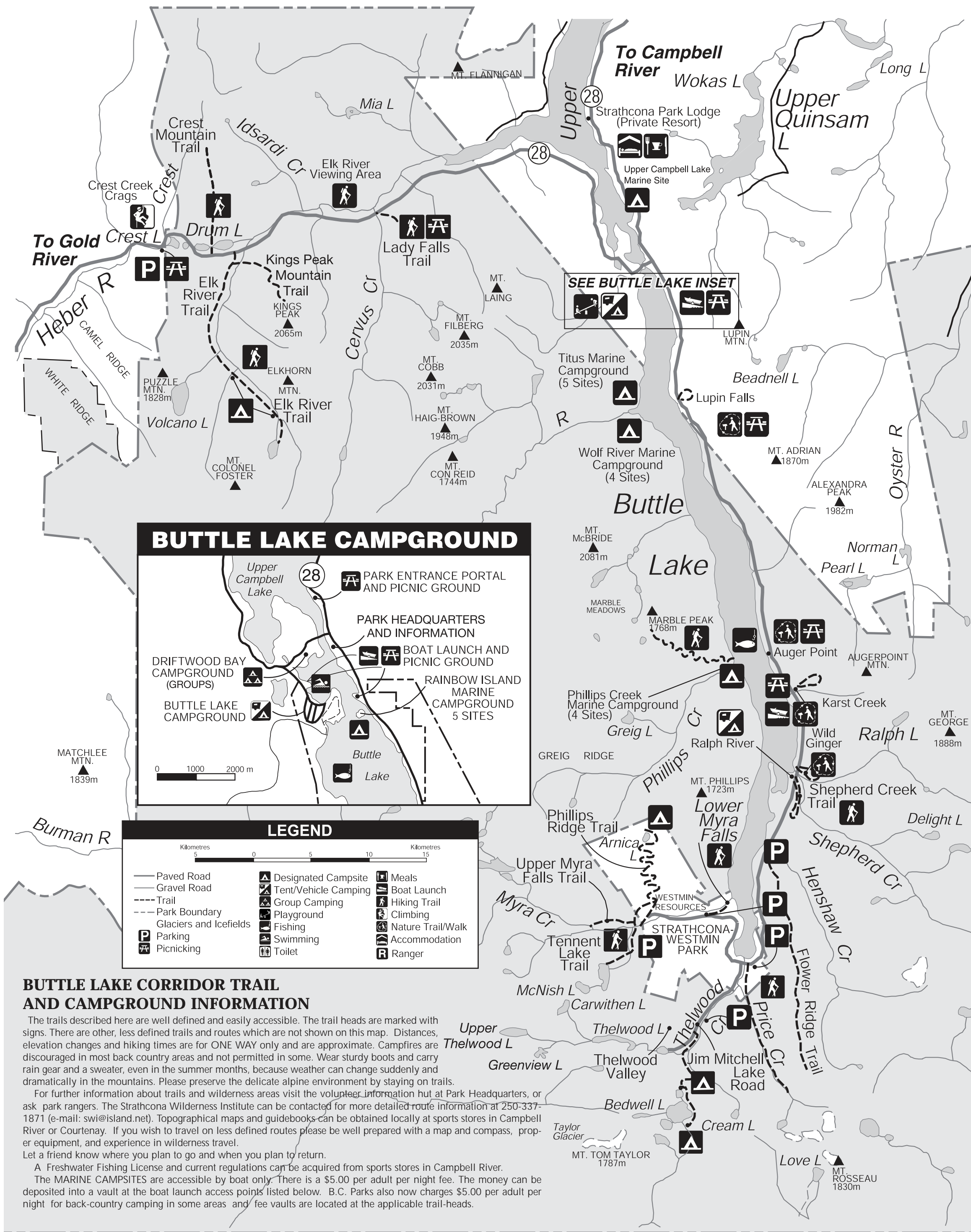
OPEN 7 DAYS A WEEK FOR YOUR CONVENIENCE

338-0101 278 North Island Highway, Courtenay



BUTTLE LAKE CORRIDOR

Strathcona Provincial Park



BUTTLE LAKE CORRIDOR TRAIL AND CAMPGROUND INFORMATION

The trails described here are well defined and easily accessible. The trail heads are marked with signs. There are other, less defined trails and routes which are not shown on this map. Distances, elevation changes and hiking times are for ONE WAY only and are approximate. Campfires are discouraged in most back country areas and not permitted in some. Wear sturdy boots and carry rain gear and a sweater, even in the summer months, because weather can change suddenly and dramatically in the mountains. Please preserve the delicate alpine environment by staying on trails.

For further information about trails and wilderness areas visit the volunteer information hut at Park Headquarters, or ask park rangers. The Strathcona Wilderness Institute can be contacted for more detailed route information at 250-337-1871 (e-mail: swi@island.net). Topographical maps and guidebooks can be obtained locally at sports stores in Campbell River or Courtenay. If you wish to travel on less defined routes please be well prepared with a map and compass, proper equipment, and experience in wilderness travel.

Let a friend know where you plan to go and when you plan to return.

A Freshwater Fishing License and current regulations can be acquired from sports stores in Campbell River.

The MARINE CAMPSITES are accessible by boat only. There is a \$5.00 per adult per night fee. The money can be deposited into a vault at the boat launch access points listed below. B.C. Parks also now charges \$5.00 per adult per night for back-country camping in some areas and fee vaults are located at the applicable trail-heads.

COMOX VALLEY KAYAKS

Rentals • Day Tours • Lessons
Sales • Kayaks & Canoes

1-888-545-5595 info@comoxvalleykayaks.com
Serving Campbell River & Courtenay, B.C.

1620 Peterson Road (Just off 16th Ave.)
Campbell River BC V9W 3J6
250-287-2278

2020 Cliffe Avenue (Next to the Visitor Info Centre)
Courtenay, BC V9N 2L3
250-334-2628

www.comoxvalleykayaks.com

Campbell River SUBARU

The best deals in B.C. are "OUTBACK" in Campbell River!

2005 Outback

LOW OVERHEADS + BEST SERVICE = LOWEST PRICES!

287-9676

1700 Coulter Rd., Campbell River, BC • crsubaru@telus.net

The STRATHCONA WILDERNESS INSTITUTE is a non-profit organization whose mission is to inspire awareness, appreciation and stewardship of the natural world through education and participation.

The institute will provide a volunteer information service on weekends at park headquarters at Buttle Lake from July 1 through to the September Long Weekend.

The FRIENDS OF STRATHCONA is a non-profit organization whose mission is to protect, preserve and promote Strathcona Park. Box 3404, Courtenay, B.C. V9N 5N5 Tel: 250-337-1871

\$10.00 Off with this ad!

TRAVELODGE
COURTENAY

Free Deluxe Continental Breakfast
Golf & Ski Packages

- Outdoor Heated Pool
- Free In Room Coffee
- High Speed Internet
- Free Local Calls
- Voicemail

Canada Select

Reservations: 1-800-795-9486
2605 Cliffe Avenue, Courtenay, BC, V9N 2L8
www.travelodgecourtenay.com • info@travelodgecourtenay.com



**mount
Washington**
ALPINE RESORT

Accommodation & Events Guide Summer 2004

There's so much to see and do on Mount Washington in the summer besides great mountain biking, hiking and enjoying the mile high view following a chairlift ride to the summit.

Here is a list of this summers main events.

Mountain Market & Music

Every Sunday this summer! Check out the Arts & Crafts and live entertainment featured on the front courtyard of the Alpine Lodge.

July 10 - 11 • Overwaitea Save-On-Foods Family Picnic & Games Picnic is a la Carte. Activities include: Backyard bouncers, Sidewalk Graffiti, Mini Golf, Frisbee, Fun Races, and Face Painting. Everything is free (except the picnic food).

July 17-18 • Norco VPS Fest The Norco Bike Demo will be here! Free chairlift ticket for all Norco bike riders.

July 31/Aug. 1 • The Brick No Limits mountain Bike Clinics Freeride clinics for anyone 10+ at any ability level. Also running August 21/22.

August 6 • Chocolate & Wine Pairing Two of your favourite indulgences – paired together? Believe it! This innovative wine seminar explores the unique combination of artisan chocolate and fine wine.

August 7 • Alpine Wine Festival Enjoy wine tasting, food samples and live entertainment by the Damien Graham

Jazz Trio!

August 22 • Comox Valley Cycling Club Hill Climb Road hill climb on the Strathcona Parkway.

Aug 28/29 • SISU BC Cup Finals Downhill, Cross Country and Biker Cross Races come to Mount Washington as part of the BC Cup Finals

Sept. 1-5 • CycleFest 2 for 1 Mountain Bike & Rider Lift Tickets *Sept. 1 & 2* - Free beginner Mountain Bike Lessons *Sept. 3* - Free Ride Film Festival

Sept. 6 • Blueberry & Huckleberry Fest Theme dinner at Fat Teddy's.

Sept. 6-11 • Blueberry & Huckleberry Season Home baked feature treats all week long.

Sept. 13 • Under the Sea Theme dinner at Fat Teddy's.

Sept. 20 • Mexican Madness Theme dinner at Fat Teddy's.

Sept. 27 • Harvest Dinner Theme dinner at Fat Teddy's.



Mountain bike clinics and competitions, scenic chairlift rides, Sunday Market & Music and many special events make Mount Washington the place to be in the summer.

Mount Washington Phone Directory (Area Code 250)

- Altitude Sport & Gift . . . 334-5721
- Ambulance 911
- Catering 334-5757
- Central Res. 1-888-231-1499
- Fat Teddy's Grill 334-5716
- Fire 792-1209
- First Aid 334-5741
- General Store 334-5745
- Police (EMERGENCY ONLY) 911
- Police (NON EMERGENCY) . . 338-1321
- Raven Lodge 334-5764
- Real Estate (Rick Gibson) . . 334-7503
- Resort Info 338-1386
- Security 334-5753
- Security (after hours) 792-1204
- Utility (after hours) 792-1209

For up-to-date Mount Washington event information go to www.themarmot.ca

Washington Way Chalets

> Full Service Accommodation

Come and Play at Washington Way Chalets!

Representing Properties in:

- The Alpine Village
- Ptarmigan Ridge
- Paradise Ridge
- Blueberry Hill
- Mountainside Lodge
- Creekside House

**We are accepting new owners!
Please call us and ask about
our full service management
for your Mount Washington home.**



Call Today @ 1-866-707-0018 www.washingtonwaychalets.com

PRIVATE RENTAL ACCOMMODATIONS ON MOUNT WASHINGTON

For Up-To-Date Rental Accommodations go to www.mtwashingtonaccommodation.com

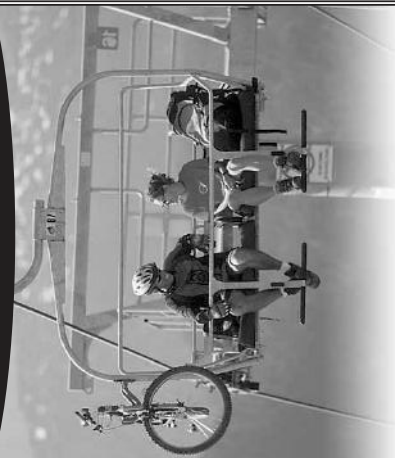
FIREPLACES W • Wood E • Electric G • Propane P • Pellet CLEANING F • Full Cleaning L • Light Cleaning O • By Request

Unit address	Weekday Price	Weekend Price	Holiday Price	Summer Price	Max people	# of bedrooms	Bathrooms	Dishwasher	Jetted Tub	Sauna	Hot tub	TV	VCR	Cablevision	CD player	Stereo	Fireplace	Wood supplied	Cleaning	Linen	Contact Name	Phone Number	Fax Number	Web			
ALPINE VILLAGE																											
701 Jutland Terrace	150	250	300	100	12	4	2.0	Y	N	Y	Y	Y	Y	Y	Y	Y	Y	Y	W	Y	N	Y	Gary Falck	285-3682		gfalck@sd72.bc.ca	
715 Jutland Terrace "Bear's Den Lodge"	375	525	N/A	250	18	6	4.0	Y	N	Y	Y	Y	Y	Y	Y	Y	Y	Y	N	Y	O	Y	Jeff Hunter-Smith	812-7103		www.bcskilodge.com	
750 Jutland Terrace "Chateau Neuf"	200	250	300	175	15	3+	2.0	Y	N	Y	Y	Y	Y	Y	Y	Y	Y	Y	N	Y	N	N	Helen Austin	335-0042		helen@protocol.com	
796 Jutland Terrace "FarWest"	150	205	215	75	10	3	2.0	N	N	N	Y	Y	Y	Y	Y	Y	Y	Y	N	Y	N	N	Karen & Darrin West	339-9850		farwestcabin.com	
965 Clinton Wood Close	135	185	200	100	10	5	3.0	Y	Y	N	N	N	N	N	N	N	Y	Y	Y	Y	Y	Y	N	Kazimiera Stypka	477-2270		stypka@shaw.ca
871 Clinton Wood "Doug's Chalet"	200	250	275	175	8	2+	2.0	N	2	Y	Y	Y	Y	Y	Y	Y	W	Y	L	Y	Y	Deanne Lee	592-5001		www.members.shaw.ca/dougschalet/chalet40@shaw.ca		
1044 Meadow Way (Chalet 40)	225	275	300	CALL	10	3	2.0	Y	1	N	N	Y	Y	Y	Y	Y	Y	N	O	Y	Y	Debra Stockdill	592-7278		chalet40@shaw.ca		
919 UP	150	250	250	150	10	4	1.5	Y	N	Y	Y	Y	Y	Y	Y	Y	Y	N	N	N	N	Barry & Donna	468-9607	751-1159	chalet43@shaw.ca		
919 DN	100	150	150	60	6	2	1.0	N	Y	N	Y	Y	Y	Y	Y	Y	Y	N	N	N	N	Barry & Donna	468-9607	751-1159	chalet43@shaw.ca		
1195 Alexandra	100	100	100	75	4	1+	1.0	Y	N	Y	Y	Y	Y	Y	Y	Y	Y	N	N	N	N	Trudy Sorensen	390-4965/758-7460				
988 Strata Way "Red Roof Chalet - 70UP"	200	250	300	150	15	5	2.0	Y	N	N	N	N	N	Y	Y	Y	Y	N	Y	N	N	Carol Turnham	592-2842	592-2842	redroofchalet.cjb.net		
988 Strata Way "Red Roof Chalet - 70DN"	150	200	250	100	10	3	1.0	Y	N	N	N	N	N	N	Y	Y	Y	N	Y	N	N	Carol Turnham	592-2842	592-2842	redroofchalet.cjb.net		
690B Castlegrag Crescent	150	250	300	CALL	13	4	2.5	Y	N	Y	Y	Y	Y	Y	Y	Y	W	Y	L	Y	Y	Brenda or Calvin	339-0190		ibi@comox.island.net		
889 Jutland "The 18th Hole"	250	300	350	200	12	5	2.0	N	N	N	Y	Y	Y	Y	Y	Y	Y	Y	O	Y	Y	Linda Hill	339-0816	339-0817	lhil@shaw.ca		
906B Jutland Terrace	200	250	250	CALL	12	5	2	Y	Y	N	N	N	N	Y	Y	Y	Y	N	N	Y	Y	Penny McLeod	652-4260	652-5039	Penny_McLeod@canada.com		
1030 Strata Way "Inglonook - Stacked Log C	120	165	200	100	8	2	1.5	N	N	N	N	Y	Y	Y	N	N	G	N	N	N	N	Jim Dow	338-7701	338-6641			
FOSTERS PLACE																											
1171 Fosters Place	150	200	250	125	8	3	2.0	Y	N	N	N	Y	Y	Y	Y	N	N	N	N	N	N	N	Diane Andiel	881-1818	881-1818		
1203 Fosters Place "Mt Washington Guest H	6	6	6	6	6	6	6	6	6	6	6	6	6	6	6	6	6	6	6	6	6	6	6	6	6	6	6
1208 Fosters Place "Fosters 8"	275	325	325	80	8	3	2.0	Y	Y	Y	Y	Y	Y	Y	Y	Y	Y	N	N	O	Y	Al Echlin	724-4183	724-4183	www.3.telus.net/fosters8		
1222 Fosters Place	CALL	CALL	CALL	CALL	24	2/9	3.0	Y	Y	Y	Y	Y	Y	Y	Y	Y	G	N	N	O	Y	Bill	390-0266		www.mtwashingtonchalet.com		
1236 Fosters Place "Blue Grouse Chalet"	500	650	1000	259	18	6	3.0	Y	Y	N	Y	Y	Y	Y	Y	Y	G	N	N	F	Y	Pam DeBoer	1-866-826-7323	897-3951	www.peakaccom.com		
1268 Fosters Place (Blue Haven)	400	500	550	N/A	10	4	2.0	Y	N	Y	Y	Y	Y	Y	Y	S	Y	N	N	N	F	Y	Pam deBoer	1-866-826-7323	897-3951	www.peakaccom.com	
1273A WinterGreen (UPPER) prices + GST	350	400	400	295	12	4	2.0	Y	N	Y	Y	Y	Y	Y	Y	Y	G	N	N	O	Y	Paula McRae	338-9938		paulamcrae@shaw.ca		
1273B Fosters Place "Wintergreen Lodge"	350	400	400	200	15	4	2.0	Y	N	Y	Y	Y	Y	Y	Y	Y	G	N	N	O	Y	Paula McRae	338-9938		paulamcrae@shaw.ca		
1273C WinterGreen (LOWER) prices + GST	150	185	185	95	7	2	1.0	Y	N	Y	Y	Y	Y	Y	Y	Y	G	N	N	O	Y	Paula McRae	338-9938		paulamcrae@shaw.ca		
1276 Fosters Place	100	145	170	70	5	2	1.0	N	N	N	Y	Y	Y	Y	Y	Y	N	N	N	N	Y	Jim & Sabine Taylor	390-4184	390-4185	jim_sabine23@hotmail.com		
21 Fosters Place	CALL	CALL	CALL	CALL	30	2/11	4.0	Y	Y	Y	Y	Y	Y	Y	Y	Y	G	N	N	O	Y	Bill	390-0266		www.mtwashingtonchalet.com		
HENRY ROAD																											
1381 A "Golden Hinde"	295	365	365	295	13	3	3.0	Y	N	Y	Y	Y	Y	Y	Y	Y	N	N	N	G	N	N	Ivanka/Christine	286-3122	286-6010	www.strathcona.bc.ca	
1381 B "Elkhorn"	240	295	295	240	13	3	2.0	Y	N	Y	Y	Y	Y	Y	Y	Y	N	N	N	G	N	N	Ivanka/Christine	286-3122	286-6010	www.strathcona.bc.ca	
1375A "Strathcona B&B/Rental Unit"	3	3	3	3	3	3	3	3	3	3	3	3	3	3	3	3	3	3	3	3	3	3	3	3	3	3	

Unit address	Weekday Price	Weekend Price	Holiday Price	Summer Price	Max people	# of bedrooms	Bathrooms	Dishwasher	Jetted Tub	Sauna	Hot tub	TV	VCR	Cablevision	CD player	Stereo	Fireplace	Wood supplied	Cleaning	Linen	Contact Name	Phone Number	Fax Number	Web	
ALPINE VILLAGE																									
1084-7 Washington Way "Westview Inn"	90	135	160	60	6	3	1.5	N	N	Y	Y	Y	Y	Y	Y	Y	N	N	Y	N	Y	Willa or Dennis	658-5338		
1084-9 Washington Way "Westview Inn"	100	135	160	60	6	3	1.5	N	N	Y	Y	Y	Y	Y	Y	Y	N	N	Y	N	Y	Fred & Bernice	655-8827		millsfb@pacificcoast.net
687-1 Castlegrag "Castlegrag Chateau"	85	150	165	75	6	3	1.5	Y	N	N	2	Y	Y	Y	Y	Y	N	W	N	O	Y	Wendy	897-3678	897-1898	www.mtwashingtonchateau.com
687-4 Castlegrag	100	N/A	195	60	10	4	3.0	Y	N	N	Y	Y	Y	Y	Y	Y	W	N	Y	N	Y	Gail Hudson	245-2823		
695-307 Castlegrag	90	145	165	50	8	2	2.0	Y	N	Y	Y	Y	Y	Y	Y	Y	N	Y	N	Y	Y	Cyndi and Justin	703-0488	703-0609	
736-5 Albert Edward	95	145	165	60	8	3	1.5	N	N	Y	Y	Y	Y	Y	Y	Y	N	Y	O	N	Y	Barb Hall	595-6454		barb-hall-is@shaw.ca
736-6 Albert Edward	85	120	155	40	8	3	2.0	N	N	Y	Y	Y	Y	Y	Y	Y	N	Y	N	Y	N	Paul Paone	479-0548	Call first	paulj_paone@telus.net
736-8 Albert Edward	95	140	180	N/A	6	3	1.5	N	N	Y	Y	Y	Y	Y	Y	Y	N	Y	N	Y	N	Lil Brownson	287-7640		halll@oberon.ark.com
737-3 Albert Edward	90	130	150	50	8	3	1.5	N	N	Y	Y	Y	Y	Y	Y	Y	N	Y	O	N	Y	Tim Van Alstine	384-5334/704-6		www.geocities.com/mtwash737
784-9 "Snowbird"	75	130	200	50	10	3	2.0	Y	N	Y	2	Y	Y	Y	Y	E	N	N	N	Y	Wendi Robins	746-8489	746-0329	robinson-reymer@shaw.ca	
788-102 Washington Way	69	120	175	60	12	2	2.0	Y	N	Y	Y	Y	Y	Y	Y	Y	N	N	N	Y	Brent/Donna Cunliffe	897-3999	897-3933		
828-A Sunrise Chateau prices + GST	200	350	CALL	175	16	5	2.0	Y	N	N	4	2	Y	N	N	G	N	N	F	Y	Y	Stan & Nancy Fry	474-3008	474-0108	
828-C "Sunrise Chateau"	###	225	CALL	125	10	3	2.0	Y	N	N	Y	Y	Y	Y	Y	Y	G	N	N	Y	Y	Ann Fleming	642-6213		
828E Washington Way "Sunrise Chateau"	185	260	300	85	15	4	2.0	Y	N	Y	Y	Y	Y	Y	Y	Y	N	N	F	Y	Y	Tom & Sylvia Burns	746-3636		burns-ski@shaw.ca
924-3 "Seventh Heaven"	100	145	175	60	8	3	2.0	N	Y	N	Y	Y	Y	Y	Y	Y	N	N	N	Y	Y	Jackie	923-5449	287-8287	jdmac@oberon.ark.com
BLUEBERRY HILL																									
115	125	160	180	50	9	2	2.0	Y	Y	N	Y	Y	Y	Y	Y	Y	G	N	N	O	Y	Chris Chater	744-2467		
117	125	175	210	75	9	3	2.0	Y	N	N	Y	Y	Y	Y	Y	Y	G	N	N	O	Y	Glen & Sharon Hadden	335-2794	335-1211	s.hadden@shaw.ca
201	135	190	CALL	85	8	3	2.0	Y	N	N	Y	Y	Y	Y	Y	Y	G	N	N	O	Y	Alpine Accommodatio	1-888-837-4663	703-9656	www.alpinechalets.com
212	125	175	200	125	8	2	2.0	Y	N	Y	Y	Y	Y	Y	Y	Y	G	N	N	F	Y	Larry & Mary Pollon	652-2029	652-2687	mpollon@telus.net
215	125	160	CALL	65	8	2	2.0	Y	Y	Y	Y	Y	Y	Y	Y	Y	G	N	N	N	Y	Gary Kohlman	642-4099		
217	135	190	220	85	8	3	2.0	Y	N	Y	Y	Y	Y	Y	Y	Y	G	N	N	Y	Y	Elaine Smith	544-8862		www.mtwashingtoncondos.com
218	189	325	400	169	9	3	2.0	Y	Y	Y	Y	Y	Y	Y	Y	Y	G	N	N	F	Y	Vianne	1-866-707-0018	703-0018	www.washingtonwaychalets.com
303	175	200	275	100	8																				

discover
COMOX VALLEY
 www.comox-valley-tourism.ca

mount Washington
 ALPINE RESORT
 Accommodation Guide
 Summer/Fall 2004



**Rental Agencies
 Private Chalets
 Condominium Rentals**
 For the best sites on the mountain
 go the best site on the internet!
www.mtwashington.com
accommodation.com

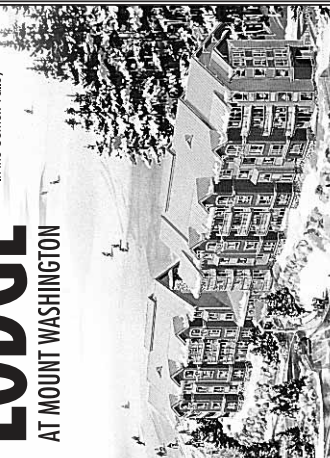


Coming
 out of
 Hibernation!

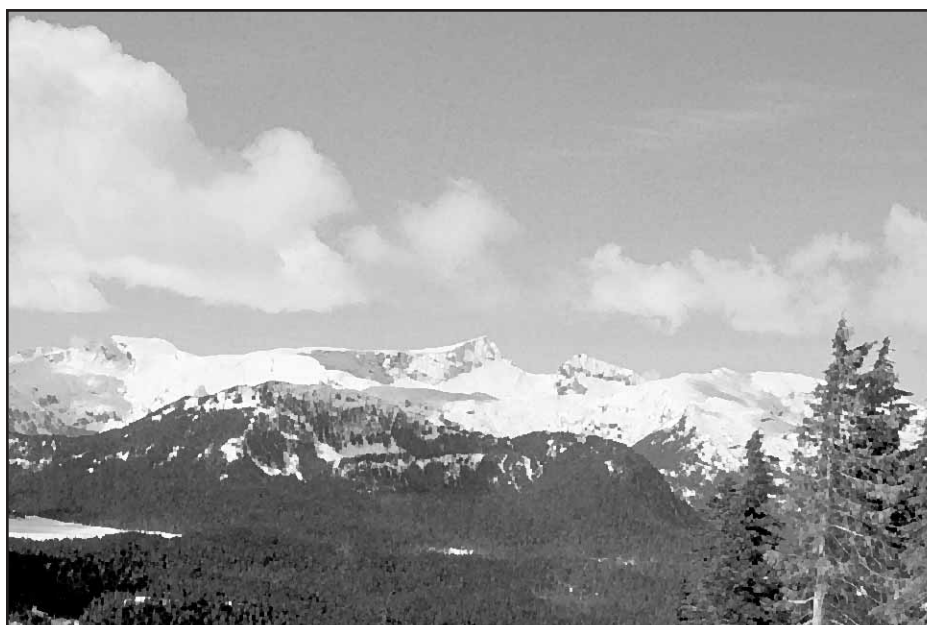
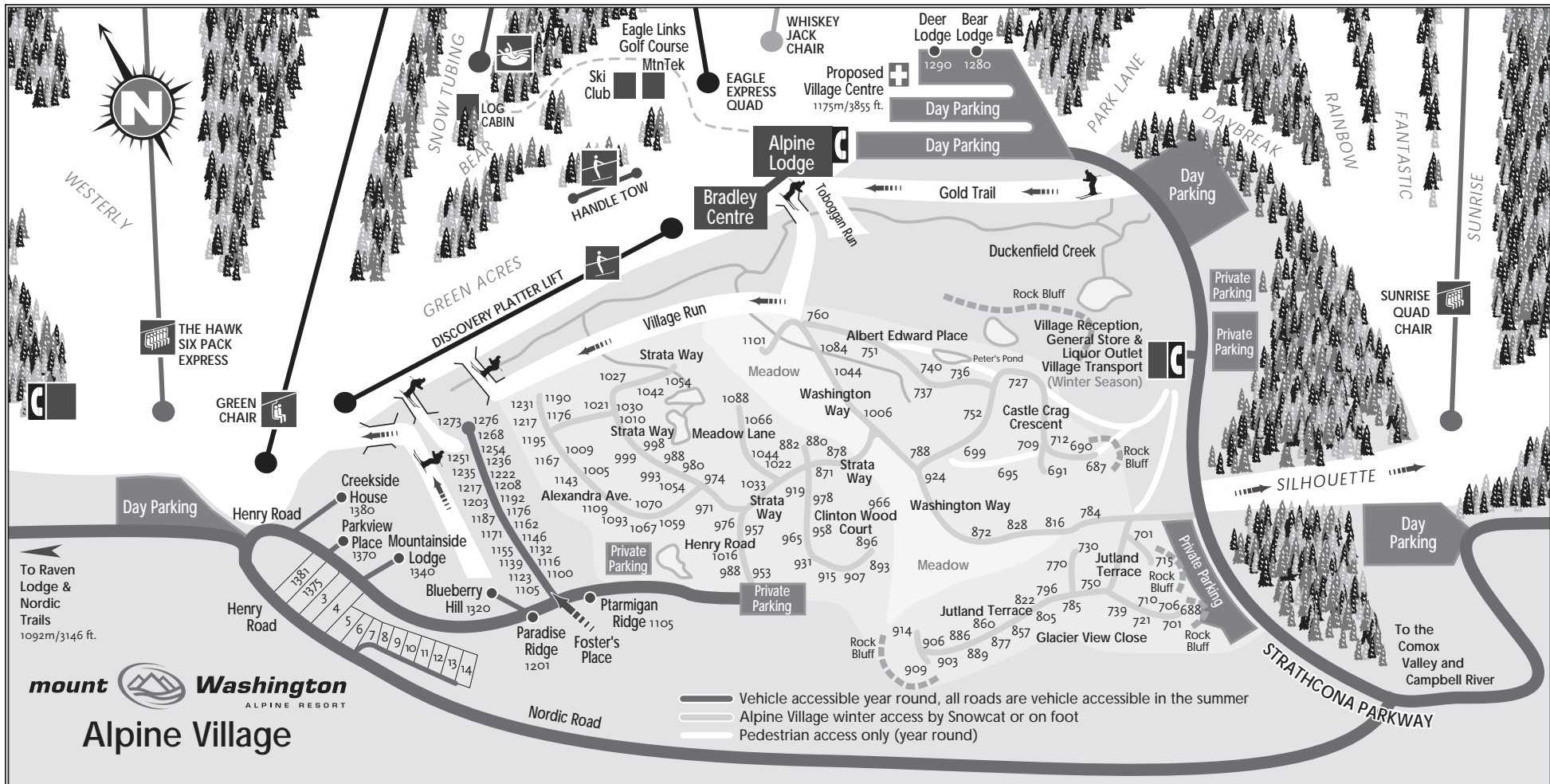
**BEAR
 LODGE**
 AT MOUNT WASHINGTON

Info:
 Rick Gibson
 250-334-7503

ROYAL LEPAGE
 In the Comox Valley



THIS IS NOT AN OFFERING FOR SALE



OFFERING BOOKINGS FOR:

- ~ BLUEBERRY HILL
- ~ CREEKSIDE HOUSE
- ~ MOUNTAINSIDE LODGE
- ~ PARADISE RIDGE
- ~ PARKVIEW PLACE
- ~ PTARMIGAN RIDGE
- ~ PRIVATE CHALETs ON FOSTERS PLACE

email: info@peakaccom.com

Tel: 250-897-3851 Fax: 250-897-3951

On-mountain check-in at 1268 Fosters Place

www.peakaccom.com

Toll Free Reservations: 1-866-826-7325

PEAK ACCOMMODATIONS
 MOUNT WASHINGTONS all season ACCOMMODATION BOOKINGS

BUTTLE LAKE CORRIDOR

HIKING TRAILS, BOAT LAUNCH RAMPS, AND CAMPGROUNDS

The trails are graded as follows: (1) Easiest (2) Moderate (3) Difficult

ELK RIVER TRAIL (2-3)

Length: 11 km. Suggested time: 4-5 hours
Elevation change 600 metres. Trail starts at Hwy. 28 and follows the Elk River Valley for 10 km before climbing up to Landslide Lake. Bare rock sections. Camp in designated camping areas only.

CREST MOUNTAIN TRAIL (3)

Length: 5 km. Time: 3-4 hours to the tarn. Steep with an elevation change of 1,250 metres. Caution required on single log creek crossing (the last good water). The snow stays late into the year on top. Random camping allowed.

FLOWER RIDGE TRAIL (3)

Length: 6 km. Time to the subalpine ridge: 3-5 hours. Steep with an elevation change of 1,040 metres. The trail begins at Westmin Road, climb an additional 200 metres from the top of trail to flat ground for tents. Poor water. Panoramic views. Camping possible at halfway point.

PHILLIPS RIDGE TRAIL TO ARNICA LAKE (2-3)

Length: 6.5 km. Time: 2-5 hours with an elevation change of 800 metres. This is a well graded trail beginning at Westmin mine. Observe old growth forest, a waterfall, and alpine meadows. Designated camping area. Bear cache.

UPPER MYRA FALLS (2)

Length: 3.3 km from the parking lot past the yellow gate. Drive through the mine area to find the parking lot. Time 2 hours. Elevation change: 100 metres. Trail follows gravel road for approx. 800 metres to the sign. Large trees. Views of Mt. Myra and a waterfall. No camping.

TENNENT LAKE (3)

Length: 4 km. Estimated time 2-4 hours with an elevation change of 840 metres. Trail access is from the parking lot at the mine. Walk past the yellow gate on the gravel road for 1 km and across a bridge to the start of the trail which is a rough, rocky, steep old roadbed. Old-growth forest to sub-alpine. There is an undefined route to access Mt. Myra from here. Tennant Lake is dammed. Random camping is permitted.

BEDWELL LAKE (3)

Length: 6 km. Drive over the Thelwood River bridge at the south end of Buttle Lake, and turn

left immediately onto the Jim Mitchell Road for 6.8 km. This is a rough gravel road not suitable for small vehicles. Trail elevation change: 600 metres. Time 3-4 hours. Features river valley and old growth forest then rocky outcropping and a sub-alpine environment with excellent hiking and views. Camp in designated areas at Baby Bedwell and Bedwell Lakes. Fires are not permitted. Be aware of bears.

CREST CREEK CRAGS

Technical climbing only. Picnic facilities. Climbers can explore a number of rocky bluffs in this area which is easily accessible from alongside Highway 28. Climbers using the area do so at their own risk. It is each climber's responsibility to climb safely and ensure that they have the necessary skills to do so. Camping and fires are not permitted.

LADY FALLS (1)

Length: 900 metres. Time: 20 minutes. The trail starts at Hwy. 28. Enjoy the cool spray from the falls. Picnic facilities at trailhead. No camping.

ELK VIEWPOINT (1)

Length: 400 metres. Time: 15 minutes. The trail starts at Hwy. 28 and accesses a viewing platform where you may be able to see Vancouver Island's unique Roosevelt elk. No camping.

LUPIN FALLS (1) Loop Trail

Length: 800 metres. Time: 15 minutes. Access from Westmin Road. Walk a circular trail through a cool forest to the waterfalls. No camping. Picnic facilities at the trail-head and a canoe and kayak launch access for Wolf River and Titus Mt. marine campsites.

AUGER POINT (1) Loop Trail

Length: 400 metres. Time: 15 minutes. This forest is recovering from the fire of 1982. No camping. Picnicking facilities at trail-head and a canoe and kayak launch access for Marble Meadows trailhead.

MARBLE MEADOWS (3)

Length: 6.6 km. Time: 4-5 hours to the Alpine meadows. Elevation change: 1,250 metres. Steep, some bluffs. Trail starts at Phillips Creek marine campsite on Buttle Lake. Access by boat from Auger Pt. or Karst Creek day use areas. Be aware of submerged stumps in the lake. Random

camping is allowed in the meadows. Marble Meadows features wonderful viewpoints, alpine meadows and limestone formations.

KARST CREEK BOAT LAUNCH RAMP, TRAIL AND PICNIC AREA (1)

A good concrete ramp located 4 km from Ralph River Campground, and accessible from the Westmin Rd. There is a large open grassy area plus several picnic tables and fire pits, and lots of room for parking. Karst Creek trail is a 1.3 km loop. Time: 45 minutes. Observe Karst geological formations such as sink-holes with disappearing and reappearing streams. No camping.

WILD GINGER (1) Loop Trail

Length: 800 metres. Time: 20 minutes. Access is across the road from Ralph River Campground. The trail follows the Ralph River. No camping.

SHEPHERD CREEK (1) Loop Trail

Length: 1.5 km. Suggested time: 1 hour and 15 minutes. Access is across the road from Ralph River Campground. A shady walk along the Ralph River then ascending to pass a lively marsh. See dogwood trees in the spring. No camping.

PRICE CREEK TRAIL (2-3)

Suggested time: 3-4 hours. Trailhead can be accessed near the Thelwood Creek Bridge. Originally the only access route to Cream Lake and still only suitable for Advanced Hikers, this trail can make a pleasant day hike through varying timbered areas if you turn around at or before the log crossing. The route beyond this log crossing is extremely rough and steep and snow lingers late into the summer.

LOWER MYRA FALLS (1)

Length: 800 metres. Time: 30 minutes. Steep descent. Enjoy several beautiful water cascades. Use caution when approaching the creek, and supervise small children. No camping.

BUTTLE LAKE BOAT LAUNCH

A good, recently lengthened concrete launch. Located 1 km south of the bridge at the junction and only 1.5 km from Buttle Lake Campground. No camping. The launch provides immediate access to the Rainbow Island marine campsites.

FORBIDDEN PLATEAU AND PARADISE MEADOWS

Refer to a separate flyer in "The Marmot" publication for information about this area which is accessible from Mount Washington.



Cream Lake and Nine Peaks

RALPH RIVER CAMPGROUND

- Ancient forest, lake and river.
- Gates are open all summer until Sept. 30th.
- Picnic tables, fire rings, water pumps and pit toilets.
- Fee: \$12.00 per party per night, \$6.00 for extra vehicles.
- B.C. Senior Citizens \$7.50 during the spring and autumn.
- Firewood: \$5.00 per bundle.
- Reservations are NOT taken, however the campground is rarely full.

BUTTLE LAKE CAMPGROUND

- Sand beach and playground.
- Three easy nature trails begin here. Fish in Darkis Lake.
- Gates open all summer until Sept. 30th.
- Picnic tables, fire rings, water pumps and pit toilets.
- Fee: \$15.00 per party per night. \$7.50 for extra vehicles.
- B.C. Senior Citizens \$7.50 during the spring and autumn.
- Firewood: \$5.00 per bundle.
- Some campsites can be reserved ahead of time by contacting Discover Camping at 1-800-689-9025 or by going online at www.discovercamping.ca

DRIFTWOOD BAY GROUP CAMPGROUND

- Private, covered shelter with woodstove and tables, large grass field, fire pit, pit toilets, wheel chair access pit toilet, water pump, swimming area.
- Fee: \$15.00 per party per night. \$7.50 for extra vehicles.
- Firewood \$10.00 per night
- The minimum number of parties allowed is 5 and the maximum is 25.
- Fee for non profit youth and school groups \$50.00 per night.
- Tel. 250-287-2942 to book the campground.

4 Reasons to Shop McConochie's for Frigidaire Appliances:

- WE OFFER 'PAY NO INTEREST' PLANS
- WE DO NOT CHARGE A FEE FOR NO INTEREST PLANS
- WE ARE LOCALLY OWNED
- WE WILL NOT BE UNDERSOLD!

Frigidaire introduces the better way to wash clothes and use 40% less water.

The need to conserve the earth's natural resources is at a critical level. Frigidaire Tumble Action washers have minimal water and energy use. Current top-load agitator machines use approximately 42 gallons of water during a regular wash cycle; the Frigidaire Tumble Action uses only 22 gallons. That's about 40% less! Based on 10 loads a week, consumers can expect to save more than \$100 per year just in water and energy costs.



434 - 5th Street, Courtenay • Monday to Saturday 9 - 5:30 • 338-8114

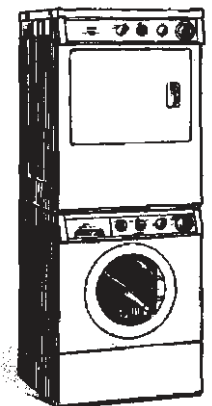
Frigidaire

The Look of Better Performance.



Stack them, stow them or leave them alone.

Stack them together to create a handsome, convenient all-in-one laundry centre or use them as a built-in unit under a counter, saving valuable space. And of course, they can be installed as stand-alone appliances.



McConochie's
Furniture & Appliances (1974) Ltd.
"Serving the Comox Valley for 41 Years"

Explore the "Other End" of Strathcona Park



Photo: Neil Havers

With 70,000 local and international visitors each year, the Forbidden Plateau area of Strathcona Provincial Park is undoubtedly the most popular. But the "other" end of Strathcona offers a wealth of gems for hikers and walkers of all abilities.

Strathcona is 250,000 hectares of diverse, yet rugged wilderness slashing through the centre of Vancouver Island. Dominated by mountain peaks, the park also offers visitors alpine meadows laced with rivers, creeks, streams and lakes. The forests in the valleys and lower regions pre-date the discovery of Vancouver Island by Captain James Cook.

Buttle Lake is the dominant body of water in the park; it is also the site of one of the park's more popular campsites (the other is at Ralph River). Besides Forbidden Plateau, Buttle Lake is the only other place in the park with visitor-oriented developments – the

rest of the park is a back-country enthusiast's paradise.

GETTING THERE

To get to the north end of Strathcona Park, follow Highway 28 through Campbell River to Buttle Lake, right on the highway. Trail Maps are available.

STRATHCONA HIKES

One of the more popular trails to walk in the Buttle Lake area is Elk River – an 11 kilometre trail that begins right off Hwy. 28 and follows the Elk River for 10 kms before turning up to Landslide Lake (a five-hour hike).

Marble Meadows, a 6.6-km trail, offers viewpoints, alpine meadows and limestone formations. Start at the Phillips Creek Marine Campsite on Buttle Lake (six-hour hike).

Upper Myra Falls is a 3-km trail that starts just past the Westmin mine operation and follows a gravel road for 700 m before turning into a forested trail (two-hour round-trip hike). To access Myra Falls, start near the south end of Buttle Lake and take the 1 km trail down to the falls. Although this is a short, 25 minute hike, use caution while at the falls.

A weekend information service is operated by Strathcona Wilderness Institute at Buttle Lake Narrows.

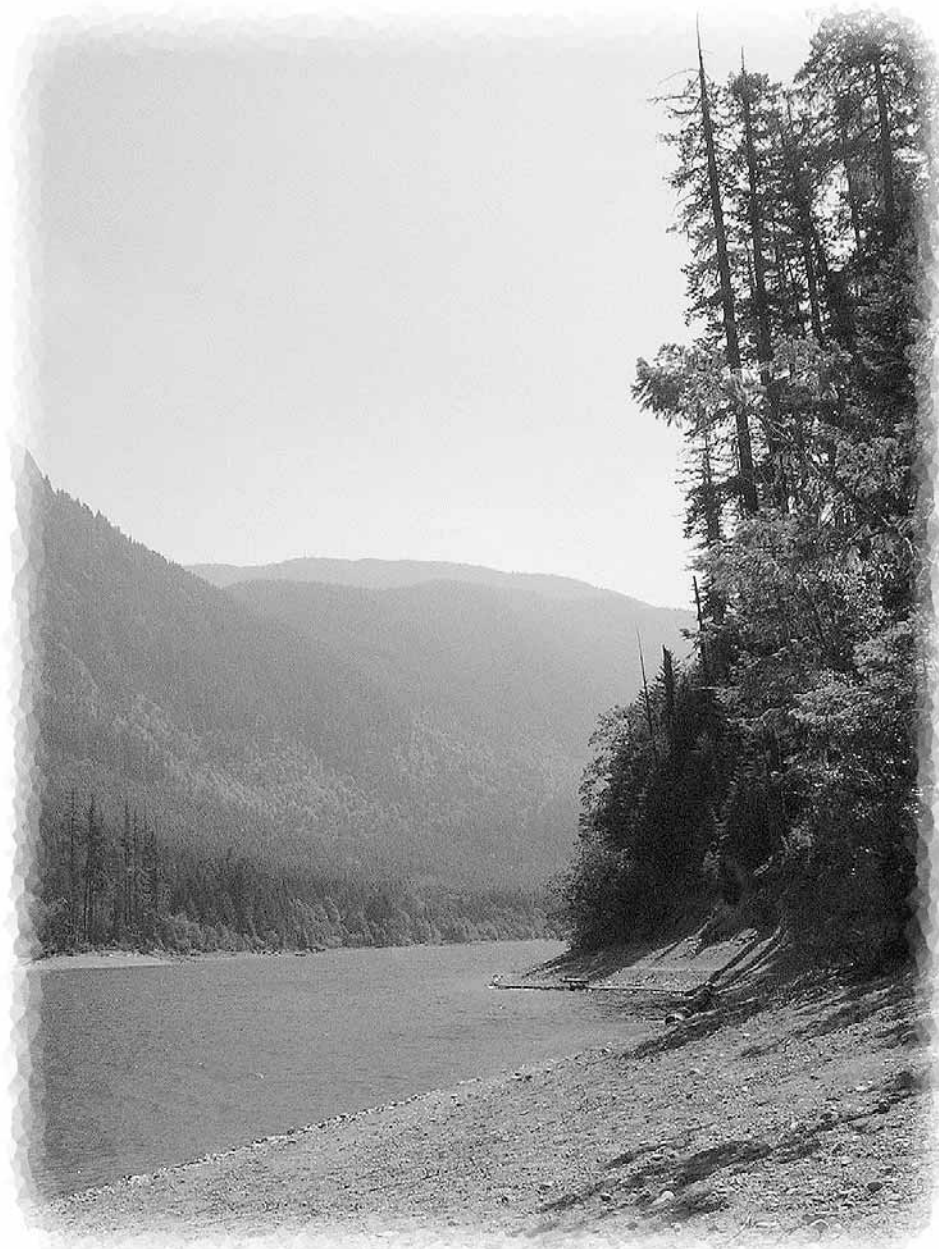


Photo: Neil Havers

Buttle Lake Campground features lake side and forested camp sites. There is a selection of trails to explore accessed from the campground. A boat ramp is available for those who want to go fishing or explore this beautiful waterway.



... for the adventure!

Canada's
"MOUNTAIN SPORTS"
Specialists!

www.vpo.ca

- ◆ The Gear You Love!
- ◆ Your Favourite Brands!
- ◆ Knowledgeable Friendly Staff!
- ◆ Unbeatable Prices - Guaranteed!

- ◆ hiking boots
- ◆ outdoor shoes
- ◆ trail runners
- ◆ sport sandals
- ◆ backpacks
- ◆ outdoor clothing

- ◆ adventure travel gear
- ◆ sleeping bags
- ◆ tents
- ◆ climbing gear
- ◆ camping supplies
- and more ...*

Vancouver
 222 West Broadway
 604-872-8872

Downtown Victoria
 615 Broughton St.
 1-888-551-1859

Downtown Courtenay
 219-5th Street
 1-888-551-1860

Nanaimo North
 6550 Metral Drive
 1-888-551-1858

360-2181

334-3963

390-6883

ARC'TERYX • BLK DIAMOND • CAMELBAK • CHACO • CERRO TORRE
 DA KINE • FIVE TEN • GARMONT • KEEN • LA SPORTIVA • LOLE

MAMMUT • MARMOT • MERRELL • MOONSTONE • MTN HARDWEAR
 OSPREY • PRANA • ROYAL ROBBINS • TEVA • THE NORTH FACE

Continued on page 21

The Comox Valley Airport

continued from page 5

The airport has already seen golf charters to Crown Isle come through the new terminal, and another flew out to Whistler, Fast said. Martin Air (KLM) is starting long-haul service into Vancouver International Airport and is looking for side trips; Comox is a possibility. And WestJet announced in June that it is entertaining international flights out of its major centers, which could benefit the Comox-Calgary run.

"Think of it: London-Calgary-Comox is not that far off," Royal LePage Realtor Rick Gibson said.

Did You Know...

- The Comox Valley Airport is also known as "YQQ"? That's the official designator from the International Civil Aviation Organization (ICAO). All airports in the world have different designators. In fact, Comox's "official" designator is really "CYQQ", because all airports in Canada have a "C" at the beginning of their name. In comparison, all airports in the United States have a "K" at the front of their designators.

- The airport's first terminal was purpose-built in 1956 by the Department of National Defence to handle the civilian aviation needs of its members at Canadian Forces Base Comox. The terminal shared space with the Coast Guard Marine Radio office (which has since been located to the top of the bluffs at Cape Lazo).

- Rumor has it that Comox was chosen for a Royal Air Force Base on the West Coast because it had good weather and little fog. The base was built in 1942 to protect the strategic Pacific coastline from a possible Japanese invasion (totally unnecessary, as it turned out, because the Japanese navy only made it as far as Midway Island in the Pacific).

- The Comox Valley Airport Commission will demolish the old terminal later this year, and return it to a grassy area. Then CFB Comox will use the old parking lot to store old vehicles until they can be divested by Crown Assets.

- The main runway at CFB Comox is 10,000 feet long and is considered an official emergency runway for the American Space Shuttle. It's one of the longest runways in Canada. Mirabel Airport in Montreal is the longest at 12,000 feet. Vancouver International and Toronto's Pearson Airport are tied for second longest at 11,000 feet.

For information on the Cottingham Terminal or flights at the Comox Valley Airport, visit them online at www.comoxairport.com.

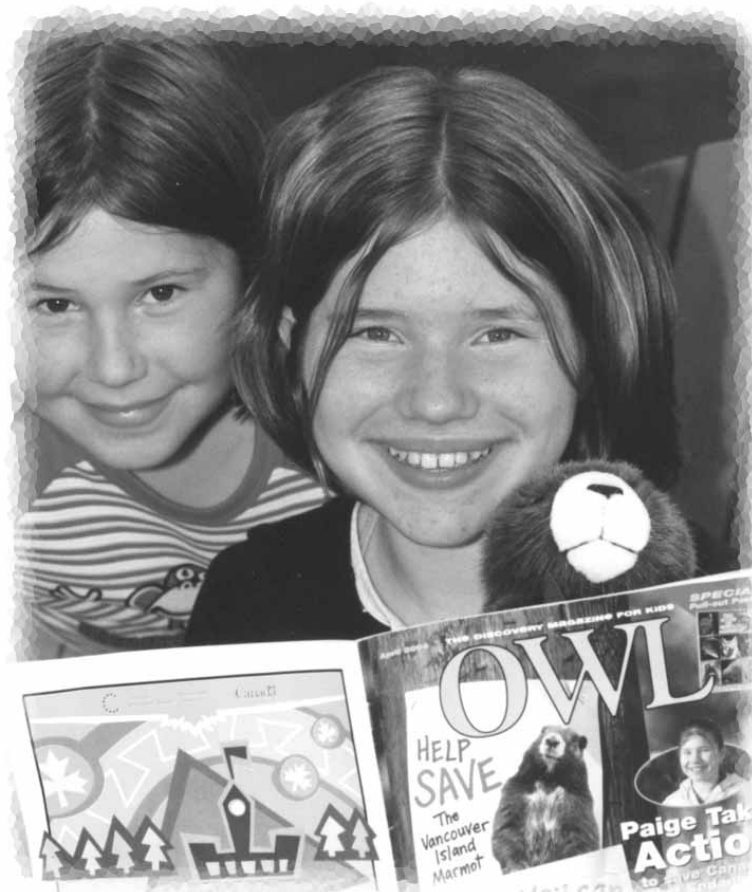


Photo: Susan Quinn

Cheryl Taylor

A true friend of the Marmots!

Six marmots have a new "mother", thanks to a sixth grader from Comox.

And now, thousands of kids know about it. When Paige Whitehead was in Grade 4, she read about the plight of the Vancouver Island Marmot, which is on the verge of being extinct.

"I read an article in September (2002) about them getting eaten by wolves, and about how there were less than 100 of them left," she said. "I wanted to help. They looked really cute and they're right here by Mount Washington. "It's like, if something is gone forever, you can't get it back," she said.

"She shot up to the bedroom and wrote this passionate letter asking what she could do," said her mother, Cheryl Taylor. "Her comment was, 'how could we do that to them?'"

Although the letter never got sent to the Marmot Recovery Centre, the family discussed what they could do to perhaps adopt a marmot. "I started by baking cookies and selling them at my church," Paige said. "People were really supportive." Her Fiddle Diddle cookies were a hit; she sold some at a family friend's garage sale, and made more money than the adults - and had almost enough to adopt her first marmot.

Later that winter, she and her family decouped colorful paper onto Christmas decorations she found at the Salvation Army thrift shop, then sold 100 of them at "Fiesta" - a Comox Valley event featuring arts and crafts from developing countries. In all, Paige raised \$720 and was able to

adopt six marmots.

"The Adopt-a-Marmot Club is really cool," Paige wrote in her journal. "All the money I raise goes to feeding, housing and doing research on the marmots."

Paige's story was featured on the front cover and in a full-color "enviro-watch" feature in OWL magazine's April issue. The Marmot Recovery Foundation passed her name on to the children's magazine, and they sent a photographer to Paige's home. Writer Tanya Hamel assembled the four-page feature, which included pages from

Paige's journal, the photos and lots of information on what marmots are and efforts to save the species.

Paige's work for the marmots gained her an invitation to a United Nations international children's conference in Victoria two years ago, and she has been invited to numerous schools in the Comox Valley to talk about marmots.

When the Marmot Recovery Centre opened at Mount Washington a couple of years ago, Paige received an invitation - and there is where she saw her first marmot for real, in the indoor habitat area.

Although Paige still keeps in touch with the marmots' progress at the Recovery Centre, she is not actively raising money to adopt more marmots. Her family has been busy raising money together to enable a child in Africa to continue his or her schooling.

For more information on the Marmot Recovery Centre or adopting a marmot, visit their Web site at www.marmots.org. and follow the "Adopt-a-Marmot" links. Read the Marmot newspaper for regular marmot updates at www.themarmot.ca.

continued on page 21

More To Explore

continued from page 4

The Resort will celebrate an "Alpine Oktoberfest" Oct. 1-10, with half-price scenic chairlift tickets.

A new business will focus on the alpine splendor at the resort. Photographer Bradford Stephenson has created the **Alpine Institute of Photography**, and will run several week-long photography camps.

Raven Lodge has been booked almost every weekend for weddings, too. Other ongoing activities at the mountain include the bungee trampoline, horse trail rides, ATV tours and mountain biking.

HELP SAVE THE VANCOUVER ISLAND MARMOT!

Name _____
 Address _____
 City _____ Prov _____
 Country _____ Postal Code _____

I'd like to help our Marmots with a tax-creditable donation. Please accept my gift of:

\$25 \$50 \$100 other

Sign me up! I want to join the Adoption Club: \$120 for one year, OR

Per month: \$10 \$15 \$20 \$25

I authorize the Marmot Recovery Foundation to deduct the above amount from my chequing account monthly. (I have enclosed a blank cheque marked VOID for processing purposes.)

Signature _____

YOUR GUARANTEE: You can change or cancel your pledge at any time.

METHOD OF PAYMENT

Cheque payable to: **Marmot Recovery Foundation**

Visa Mastercard

Card # _____ Expiry Date _____

Signature _____

Marmot Recovery Foundation www.marmots.org

Box 2332, Station A, Nanaimo, B.C., Canada V9R 6X6 Fax: 250-753-8070



Registered Charity #
88998 0629 RR0001



Photo: Susan Quinn

Direct from the UK...The Adams Family!

(Left to Right) Helen, Elizabeth and Digger, Mark and Barney

Forget the Alberta invasion: Mount Washington is under a British Invasion!

Mark and Helen Adams moved with their son Edward, daughter Elizabeth and long-haired German shepherd Barney to Mount Washington last April. The Adams family - yes, even they grin when they say it - emigrated from Wakefield, West Yorkshire, near Leeds in the north end of England. The couple left their estate agency business for greener pastures - and the chance to ski or hike from their front door whenever they wanted.

"We loved Canada the first time we came," Mark said. "It's got a lot of open space, beautiful scenery."

"It's a great place to bring your children up," said Helen.

"The U.K. is just so overcrowded now," Mark said. "Sixty million people live in a space not much bigger than Vancouver Island. "We've settled in very quickly," he added. Helen has joined a women's hiking group. Edward, 12, is making a name for himself golfing at Crown Isle.

Elizabeth, in Grade 4 at Brooklyn Elementary, has also taken up golfing, and loves to snowboard and spend time with her new Jack Russell Terrier, Digger.

The family loves to sail, and joined the Comox Valley Yacht Club so they can use the club's equipment. They've also been renovating their eight-year-old chalet.

The family nearly ended up somewhere else in B.C. They first looked at Kelowna, but changed their minds in favor of Squamish. But nothing really grabbed them about that area either, Helen said. "A waitress in a hotel up there (Squamish) asked us if we'd heard of the Comox Valley, and told us to come up here."

They drove up the old Island Highway in a snowstorm. "We wondered, 'what have we done?'" A one-night stay at the Coast Westerly stretched into four nights, and

they discovered Mount Washington.

The Adams' were originally going to buy a house in Comox and a rental property at Mount Washington, but once they came up the mountain and saw the chalet they had selected, they changed their plans. The emigration process took 18 months, but the family said it was worth the wait.

"When you come to Canada from the U.K., everything seems like good value for the money," Mark said. "That's a whole lot of the attraction."

So are the "cheap" housing prices. The cost of real estate has doubled in the U.K. in the past four years. For example, a four-bedroom, 1,300-square-foot single family home in a standard sub-division costs £220,000 (about \$450,000 Cdn.). And that's just in Yorkshire, where the Adams used to live - London is even more expensive.

"Here, a two-bedroom condo would be 1,300 square feet," Mark said. "Compared to the U.K. it's much cheaper here." The real estate business is also different, Mark said. As a property manager, Helen used to look after 150 houses. "I would sell 200 houses a year," he said.

The Adams' are not the only ones who have admitted a love affair with Mount Washington. Gibson has had over 200 inquiries in the last year and a half from the United Kingdom, from people searching for property on Mount Washington or in the Comox Valley.

What attracts them here? "Snow. A great family skiing area. Affordability. If a British family is looking for a ski holiday they can come here for two weeks and it's still cheaper than one week in Europe - and a more enjoyable experience," he said.

"Since WestJet opened, the Comox Valley is full of Albertans, but the Albertans tend to shy away from the snow," he said.

"The Britons, on the other hand, tend to think Mount Washington is the best snow on earth."



Marmots continue their struggle to survive

Photo and story
Andrew A. Bryant, Ph.D.

Few visitors to Mount Washington would suspect that this idyllic landscape conceals an epic struggle.

But it does. North America's rarest mammal, the Vancouver Island marmot, is literally fighting for its very existence. The Vancouver Island marmot is a unique species that lives nowhere else in the world (so scientists know this housecat-sized creature as "Marmota vancouverensis"). Like all 14 of the world's marmot species, these animals eat grasses and flowers, hibernate during winter, and engage in a variety of highly social and humorous antics. Indeed, marmots tend to make life-long friends of those fortunate enough to see them.

These marmots have unique chocolate-brown fur, and differ from other marmots in vocalizations, genetics and social behaviour. Their natural habitat consists of open subalpine areas with good soil for burrowing and a variety of plants to eat. Patches of marmot habitat tend to be small and widely scattered, which is why Vancouver Island marmots are rare to begin with.

As recently as 1990 several hundred marmots remained in the wild. Yet over a few short years the population crashed to fewer than 30 animals. Researchers believe that an imbalance in predators such as cougars, wolves and eagles was responsible for this decline. Luckily for the marmots, an unusual coalition of scientists, government agencies, zoos and private landowners was formed in 1998 to breed marmots in captivity and begin the long process of restoring wild populations. The breeding program has been quite successful so far. Eight litters of pups were born this spring alone, increasing the world population by almost 30%!

Mount Washington Alpine Resort is a major partner in the Recovery Team, and home to one of the largest captive-breeding facilities (marmots are also housed at the Toronto Zoo, Calgary Zoo and Mountain View Farm in Langley, B.C.). The Mt. Washington facility is special because this is where marmots are re-acclimatized to natural weather patterns and natural foods prior to release. Plans are afoot to release upwards of a dozen marmots from here this summer. Wish them well!

In addition to hosting a captive facility (which is not open to the public), Mount

Washington is home to the largest remaining wild colony. So when you're out and about on the mountain this summer, keep your eyes peeled! Marmots can turn up anywhere, but "Hawk run" and "Linton's Loop" are good places to look. And if you run into some strangely-dressed people carrying large radio antennae, well you've just encountered our field crews, who monitor the wild animals daily.

You can learn more about the marmot recovery effort by visiting the "Marmot's Den" area, which is located on the lower level of the main day lodge. There's also a wealth of information available on-line at the Recovery Team's award-winning website (www.marmots.org).

The recovery program survives, like marmots themselves, only because of the generosity of people like you! So we hope you will consider joining the "adopt-a-marmot club" or purchasing a "plush" marmot. Please help us return these animals to the wild, where they belong!

COASTLINE BROADCASTING LTD.

is a locally owned and operated digital broadcast Cablevision system serving Mount Washington.

- 2 Program Guide
- 3 CBC North
- 4 Mount Washington Real Estate
- 5 ABC KOMO Seattle
- 6 CBS KIRO Seattle
- 7 KVOZ Bellingham
- 8 ITV Edmonton
- 9 NBC
- 10 Mount Washington Community Channel
- 11 FOX-KCPX Seattle
- 12 BCTV Vancouver
- 13 TSN Toronto
- 14 WTBS Atlanta
- 15 The Learning Channel
- 16 YTV Toronto
- 17 WGN Chicago
- 18 Knowledge Network
- 20 Super Channel (Pay TV)
- 21 Movie Max (Pay TV)
- 22 Family Channel
- 23 CHVU
- 24 CHEK TV
- 25 Much Music
- 26 WSBK
- 27 CBUT
- 28 CBMT
- 29 VTV
- 30 CNN
- 31 KCTS PBS Seattle
- 32 CMT
- 33 CNN Headline News
- 34 A&E
- 35 Discovery
- 36 CBC Newsworld
- 37 Prime
- 38 Outdoor Life
- 39 Sportsnet
- 40 Extreme Sports
- 41 Speedvision
- 42 Space
- 43 History



Winter 2003/04 Second Best Ever!

"We beat last year, but we didn't beat two years ago," management said. "We figure there were around 400,000 visitors."

"2001-02 was still our top year." Although the winter season wasn't exactly a record-breaker, there were some milestones: the biggest day ever, with 8,354 skiers, tubers and snowboarders, beat the previous record by a whopping 1,000 people, they said. The mountain will expand its night skiing next winter to try and spread out the people.

Despite opening four days later than anticipated, Mount Washington enjoyed a better-than-average snow year. "We opened with everything (operational) and we closed with everything," they said proudly. "There's very few ski resorts that can say that. Even the snow tubing kept going."

At the end of March, almost a month before closing, the resort had 1,000 centimetres of snow on the runs. The mountain averaged about 900 cm over the season.

"It was a pretty smooth year," they said. Also heartening to Mount Washington staff was the increase in seasons pass holders. "More people are committing to be frequent skiers,"

All signs indicate that Winter 2004 will be a good year for the resort, with the addition of the Boomerang lift and new double-black diamond terrain on the other side of the mountain. "It opens up brand new terrain to the mountain," they said.



Olympic Update

The Spirit of 2010 is growing at Mount Washington Alpine Resort, and so is its reputation with Olympic athletes.



The Resort has received official designation as a Pacific Sport Regional Training Centre for Nordic Skiing, Director of Business Services Don Sharpe said. "This past spring we had the Nordic combined team and the national Nordic team coming up to do spring training for 10 days (in May)." This is the fourth straight year that the Nordic team has taken advantage of Mount Washington's late snow pack for spring training, he added. The Resort is looking at entering a five-year agreement with the national team to train out of Raven Lodge.

"There's very few places that you can find snow as good as ours is in May," Sharpe said. The teams had six kilometres of trails available for training. Sharpe sits on the Comox Valley Olympic Committee (which is chaired by former Olympic athlete Susan Kelsey), and sees the excitement building already. The committee attended a Spirit of 2010 business summit in Vancouver in May, where the province outlined the four major themes to building the Olympic dream: trade and investment; tourism; labor supply and demand; and procurement.

"It's quite interesting to see how the government is making it up to the communities" to decide how to be involved, Sharpe said. "What we haven't heard yet is where the money is coming from."

Locally, the committee will focus on three themes: facilities and infrastructure; incorporating local culture and heritage; and a business plan and funding procurement. Both the Campbell River and Comox Valley Olympic committees have endorsed the idea of a \$1.2 million, 5,000-square-foot training center at Mount Washington, Sharpe said. Once a plan for that is in place, the Resort can start marketing itself as a training centre for international teams - likely not until 2006 or later.

"That's when you'll see the benefits," he said. But first, the facility; then corporate agreements with hotels, restaurants, etc. "It's going to be a whole community effort," he said. "It's not just a Mount Washington thing."

THE MARMOT Premier Business Directory

A Gentler Time	334-4676
Alpine Accommodations	1-888-837-4663 or 703-9636
Anco Motel	1-877-393-2200 or 334-245
Artwork by Robert Lundquist	334-0630
Atlas Cafe	338-9838
Billy D's Pub and Bistro	334-8811
Campbell River Subaru	287-9676
Canadian Tire	338-0101
Canine Castle, Doggie Daycare and Boutique	338-8383
Chalet 9 & 21	390-0266
CIBC Wood Gundy	703-5380
Coast Westerly Hotel	1-800-668-7797 or 338-7741
Comox Fireplace and Patio	338-8522
Coastline Broadcasting Ltd.	338-5177
Comox Valley Art Gallery	338-6211
Comox Valley Floor Centre Ltd.	897-1166
Comox Valley Kayaks	1-888-545-5595 or 334-2628 or 287-2278
C.V. Chamber & Visitor Info.	1-888-357-4471 or 334-3234
Deer Lodge at Mount Washington	1-877-845-4499 or 338-4383
Destinations	334-9823
Downtown Courtenay Business Association	890-0519
Evergreen Savings Credit Union	703-0025 or 286-6205
Fanny Bay Seafood Shop	335-1198
Filberg Heritage Lodge and Park	334-9242
Fine Audio Ltd.	338-4398
Gibson Kelly & Ives	334-2416
Havers Design Corp.	334-2844
Island Building Inspections	339-5399
Island Publishers Ltd.	727-2460
Kingfisher Oceanside Resort & Spa	1-800-663-7929 or 338-1323
Kradle's Baby Boutique	334-2556
Maintenance and More	338-9709
Marmot Recovery Foundation	1-877-4-marmot
Martine's Bistro, Patio, Bar	339-1199
McConochie's Furniture and Appliances	338-8114
Mount Washington Alpine Resort	1-888-231-1499 or 338-1386
Nootka Sound Service Ltd.	283-2515
Peak Accommodations	1-866-826-7325 or 897-3851
Penny Tyme Fashions	334-2447
Plates Eatery & Catering Co.	334-8087
Rattan Plus	1-800-338-0211 or 338-0211
Rick Gibson, Royal LePage	334-7503
Salmon Point Restaurant & Bar on the beach	923-7272
Saunders Subaru	1-888-898-9911 or 474-2211
Second Wind Interiors	897-3988
Ski & Surf Shop	338-8844
Strathcona Park Lodge	286-3122
Strathcona Wilderness Institute	337-1871
The Friends of Strathcona	337-1871
The Riding Fool Hostel	336-8250
The Romance Shop	338-0669
Three Point Motors	1-877-490-9844
Timberwright Manufacturing	1-888-919-9663 or 923-6111
Tita's Mexican Restaurant	334-8033
Toscanos Fine Italian Cuisine	890-7575
Travelodge Courtenay	1-800-795-9486 or 334-4491
Tulio's Casita	338-6031
Valhalla Pure Outfitters	1-888-551-1859
Visual Sound Store	338-5177
Washington Way Chalets	1-866-707-0018
Yamato Japanese Restaurant	334-2025

Thanks to these Visitor InfoCentres for distributing The Marmot

West Shore Chamber (Victoria) 1-877-912-1780 or 478-1130 • www.westshore.bc.ca
 Campbell River • 250-287-4636 • www.campbellriverchamber.ca
 Comox Valley • 1-888-357-4471 or 250-344-3234 • www.comox-valley-tourism.ca
 Cumberland • 1-866-301-INFO or 250-336-8313 • www.cumberlandbc.org
 Duncan-Cowichan • 1-888-303-3337 or 250-746-4636 • www.duncancbc.ca
 Nanaimo • 1-800-663-7337 or 250-756-0106 • www.tourismnanaimo.com
 Parksville • 250-248-3613 • www.chamber.parksville.bc.ca
 Qualicum Beach • 250-752-9532 • www.qualicum.bc.ca
 Gold River • 250-283-2202 Let them know you found them in The
 Marmot!

Mountain Biking Terrain accessed from the Hawk



Photo: Mount Washington Resort

Mountain biking continues to grow at Mount Washington, as the Resort is poised to open the Hawk chairlift for mountain bikers this summer.

The Resort's newest high-speed, six-seat chairlift will deliver visitors to new novice and intermediate terrain for cyclists.

"We needed to open it up to more people," Director of Business Services Don Sharpe said. In the past, mountain biking off the Eagle chairlift was for seasoned cyclists - extremely seasoned. "It was full body armour and high-end brakes," Sharpe said. "I wouldn't ride the Eagle because I'm not experienced enough. But I'll take my family biking off the Hawk."

The second chairlift opens up about 15 kilometres of new trails, virtually doubling the number of existing trails, Sharpe said. One new trail, dubbed "The Finger", is 7.2 kms with amazing views. Crews worked hard on developing that trail last summer, he noted.

The Hawk will run for six weeks in July and August; demand will determine whether the chairlift remains operational for September and October. Despite the fact that the new terrain will cater towards the novice, the Resort is not forgetting about its faithful following of hardcore cyclists.

"This year we've got a pro rider that's going to be managing Mountain Tek, and a certified instructor," Sharpe said. Mitch Diem works for the Resort in the winter as a patroller, but he's been on cycling's World Cup circuit. Now 40, Diem's riding resume includes overall B.C. Cup circuit winner (1995), bronze medallist at a Canadian national mountain biking event ('95) and world team selection in '95. Diem will help the Resort in its new goal of developing mountain bikers right from the beginning, through a progression to where they're passionate about the sport. In the

summer Mountain Tek carries a line of high-end bikes for demo and sale; additionally, the Resort has increased the number of Norco VPS Atomic bikes in its rental fleet.

This year the snow is melting faster than last season, and Sharpe predicted the mountain could be open for mountain biking by mid-July. A number of mountain bike events have been planned for the summer, including Norco VPS Fest July 17 and 18, The Brick No Limits Mountain Bike Clinics (July 31-Aug. 1 and Aug. 21-22) and the Humpday Race Series, Wednesday nights from Aug. 4-25.

Mount Washington has also been named the host venue of the SISU B.C. Cup Finals Aug. 28-29. The Resort will host riders that will compete in one or more of the three mountain bike disciplines of the B.C. Cup: downhill, bikercross and cross country.

For the past two seasons, the Resort has worked closely with Cycling B.C., the provincial sanctioning body for the sport, in developing the terrain and expertise at the Resort. Mount Washington ran Level C-sanctioned events.

Jonathan Bonk is the chairperson of the Race Organizing Committee at the Resort and he brings myriad mountain biking experience to the project. "We are so stoked to be hosting a race series of this magnitude, especially the finals of the B.C. Cup," Bonk said.

"The mountain is going to be graced with some of the best riders in the Province and it's a great chance for us to gain from that expertise as well as the guidance of Cycling B.C."

Breathtaking views of the riders in action are an integral component of hosting a large mountain bike race. The Island Triple Throw Down is expected to attract a huge number of riders; early estimates peg the number somewhere in the neighborhood of 600 competitors.

New Resort Postal Code

V9J 1L0 - It's Canada's newest postal code, and it represents a growing community on top of one of the Island's oldest land features: Mount Washington.

Those three letters and three numbers can now be found in Canada Post's listing of addresses and the location is formally known as "Mount Washington, B.C."

"Having a postal code, with its inherent postal outlet, is an integral part of our progression," says Jay Oddleifson, Director of Property Development. Oddleifson is facilitating the Resort's move to Resort Community Status.

"We have a growing community of full-time residents that call the Resort home, so we're meeting a few growth needs with one stone," he said.

John Twose, who has lived on the mountain for three years, is happy to be able to pick up his mail at the Resort's Alpine Lodge, rather than having to drive into town. Twose runs Mt. Washington Guest House, while his wife oversees Strathcona Bed and Breakfast.

"I love it," Twose said while picking up his mail on a recent Sunday. "We can always pick up the mail anytime the Alpine Lodge is open. "In the winter, we can go skiing for a few hours, pick the mail up, have a few beers then go home." Everything is within walking distance.

Chris Dennis is the Postal Outlet Manager at Mount Washington. "Our new mechanical stamp is complete with a version of our logo that incorporates the three peaks that compose Mount Washington, so letters and packages sent from here will certainly have a unique look to them," she said.

"And despite the fact that we're on top of a mountain, the customer can send their mail anywhere that Canada Post delivers. They can also purchase any of the memorabilia that Canada Post has available, including collector stamps and the like." The post office also offers mail services such as Express Post, packages and the like.

Mount Washington is on the map!

For the first time ever, the streets at Mount Washington will be properly labeled and indexed on the Comox Valley Street Map, says Carolyn Mulvaney of the Comox Valley Chamber of Commerce.

"The previous map we did (in 2001) had a little inset that showed the village and the roads in there, but it wasn't complete because the names weren't indexed," Mulvaney explained. Mount Washington Property Owner Wendy Woodley requested that the street names be added to the index for the new map, Mulvaney said, and the Chamber agreed.

"People may come in here and have an



Photo: Susan Quinn

address of a relative or a certain piece of real estate...if it's not on the map we may not even know where the street is."

The Resort's myriad recreational activities are also labeled on the new Comox Valley Recreation Map, put out this year by Comox Valley Tourism (CVT).

"There's such an all-season offering there," says CVT marketing co-ordinator Meaghan Cursons. "It's important to show (Mount Washington) as a destination. You're not just going to a singular business, you're going to a place where you can experience myriad things," she said.

The Resort offers both paid activities and an experience with nature that doesn't cost a cent: breathtaking views of Georgia Strait, hiking in Paradise Meadows and mountain biking, Cursons said. "It's just way too good to leave off any map."



**Mt. Washington
Real Estate
CHANNEL 4**

For up to date Properties For Sale
see Channel 4 on Mount Washington.

Cablevision on Mount Washington!

Access to 35+ channels plus movie channels (for an additional cost).

Interested in Cable Internet access on
Mount Washington? Send us an e-mail
at coastline@cablerocket.com

Visual Sound Store

Ph (250) 338-5177 Fax 334 0235
8A 625 Cliffe Avenue,
Courtenay, B.C.



Coastline Broadcasting In Touch with Tomorrow
TOSHIBA

MOUNT WASHINGTON PROPERTIES *For Sale*



Ptarmigan Ridge

Features Include:

- One Bedroom Apartments located on paved Henry Road
- Apartments are Furnished
- Drive To Access • Propane Fireplaces • Self-contained Kitchens • Ski Storage Lockers off Lobby • Breathtaking Mountain Views • Convenient Location to Ski Lifts and Strathcona Prov. Park.

#308, 1 bedroom, fully furnished, facing Strathcona Park. \$124,900



Warm and Cozy

In the heart of the Alpine Village, you will find this warm & cozy 2 bedroom condo. Close to the General Store and easy access to slopes. Suite comes equipped with most furnishings and offers affordable monthly fees. \$117,500



www.rickgibson.ca

OUTDOOR SWIMMING POOL!



PARADISE RIDGE

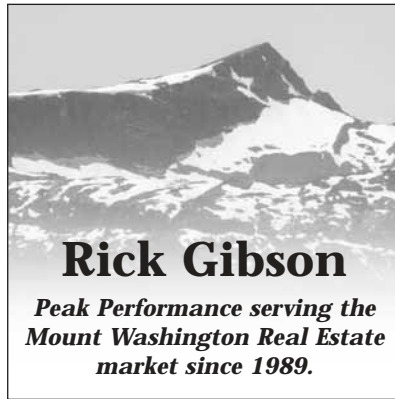
Features Include:

- Outdoor Swimming Pool, Sauna & Hot Tub
- Elevator Access
- Drive To Access with Underground Parking
- Propane Fireplaces
- Ski Storage Room off Lobby
- Kitchens with 4 Appliances
- Full Size Washer & Dryer in each unit
- Convenient Location to all Amenities
- Mountain & Strathcona Park Views

#304, 2 bedroom, furnished, facing Mount Washington. **SOLD!** \$169,900

#111, 3 bedroom, furnished, facing Strathcona Park. **SOLD!** \$199,900

#308, 3 bedroom, furnished top floor, facing Strathcona Park & Mount Washington. **SOLD!** \$219,900



Rick Gibson

Peak Performance serving the Mount Washington Real Estate market since 1989.

Building Lot Available!

Drive into this lot and Strathcona Park is a snow balls throw across the street!!! Great views into the Park and easy access to skiing in winter and hiking in summer. From \$119,900



Web: www.rickgibson.ca

ROYAL LEPAGE

In the Comox Valley



Features Include:

- Elevator Access • Spectacular Views of Strathcona Park and the Ski Runs • Drive To Access with Above & Underground Parking
- Propane Fireplaces
- Convenient Location to all amenities • Units are furnished & ready to go • Ski Storage Room off the Lobby with separate lockers for renters

#114, 2 bedroom, furnished, facing Strathcona Park. **SOLD!** \$182,500

#213, 2 bedroom, furnished, facing Mount Washington. **SOLD!** \$184,900

#216, 2 bedroom, furnished, facing Strathcona Park. **SOLD!** \$199,900

#108, 3 bedroom on the 1st floor, facing Mount Washington. \$259,900

#306, 3 bedroom, furnished top floor, facing Mount Washington. **SOLD!** \$219,900

#118, 2 bedroom plus spa on the 2nd floor, views of Strathcona Park and Mount Washington. \$235,000



Central Location

Centrally located in the Alpine Village, you will find this spacious 2 bedroom apartment. 2 bathrooms, 2 balconies & sauna. Easy ski-in & out access, yet easily accessible from parking. Great open floor plan. \$132,500

Looking for accommodations on Mount Washington?

www.mtwashington.com
accommodation.com



Close to The Hawk

Located across from the loading area of the Hawk Chairlift are the only building lots available on Mount Washington. Perched on a ridge to look directly into Strathcona Park with easy access to alpine and nordic skiing in the winter and hiking and mountain biking in the summer. OR just take in the park and sunset views!!! Building scheme in effect to ensure quality of area.

\$119,900 - \$199,900





Enjoy the Sun

Corner townhouse enjoys morning sun in the kitchen & afternoon sun in living area. 2 bedrooms up, each with a full bath and jetted tub in living area. Convenient central locale with fairly flat traverse to either Village Run or Quad. Easy access to parking. **\$139,900**



Newly Decorated

with new carpets, paint & kitchen. Located close to the Alpine Lodge, the Hawk Six Seat Chairlift and the Mount Washington. Lodge is but a stroll away! The Alpine Village offers peace & quiet yet easily accessible. **\$139,900**



Mountainside Lodge

Next to the Hawk!

2 bedroom suites available next to the new Hawk Six Seat Chairlift! Underbuilding parking and views of the mountain runs or Strathcona Park. Units are furnished, and have gas fireplaces. **From \$179,900**



A Must See!

3 bedroom townhouse close to the Alpine Lodge. Completely renovated from top to bottom. You will be impressed. See this mountain home. **\$199,900**



Vaulted Ceilings

Modern townhome with vaulted ceilings and a very spacious floor plan. 3 bedrooms and 2 bathrooms. Crawl space is large enough to develop into another full level. Check out this townhome! You won't be disappointed! **\$179,900**



Cathedral Ceilings

Ski out access and close to parking, this chalet has cathedral ceilings and an open concept. Two sun decks for sunbathing, with sauna or hot tub for apres-ski. Located in a great play and sleep area. Established, year round rental clientele. Open kitchen, living and dining on entry level. Lots of storage with separately accessible basement for future development. **\$272,500**



Web: www.rickgibson.ca

ROYAL LEPAGE

In the Comox Valley



Picture Perfect!

Charming A-frame style chalet in the Alpine village of Mount Washington. Easy access to parking & close to skiing. Very quiet location. Open concept layout makes for warm, cozy quarters with woodstove, covered deck & new basement. Don't miss out on this fabulous opportunity! **\$274,900**



Recreational Home, Make An Offer!

on Foster's Place. Drive in and ski out from this cozy retreat, with proven design. Hardwood floors and many upgrades, insulated floors and basement finished with an extra kitchen and bathroom. This home is owner built with many thoughtful features. Come and explore this cute and cozy chalet, you won't be disappointed. **\$324,900**

MAY CONSIDER A TRADE



PARKVIEW PLACE

ONLY 1 LEFT!

Features Include:

- Occupancy now
- The only new site across from the Hawk Six Seat Chairlift
- Low Maintenance Exterior
- Fire Alarm System
- 10' Pro
- Same as new, Nordic
- Easy access to the Nordic and Strathcona Park
- 5 Appliances and furniture included
- 4 bedroom plan
- Double garage
- 2400 Sq. Ft.

#9, 3 Levels, 2400 Sq. Ft. \$344,900

The Marmot On-line

Want to read past issues of the Marmot, you can read them on the web at

www.themarmot.ca

Contact: Rick Gibson, the Preferred Agent on Mount Washington Ph: 250-334-3124 (24 hrs) Direct: 250-334-7503 www.rickgibson.ca



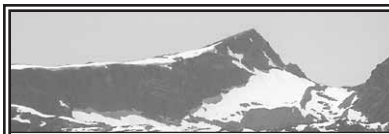
BUYING, OR RENOVATING?

- ✓ Unbiased Opinion
- ✓ Client Participation Encouraged
- ✓ Immediate Reports
- ✓ Home Reference Book
- ✓ Maintenance & Repair Recommendations
- ✓ Prompt Service - Flexible Hours



1-800-667-0150
In the Comox Valley Phone: 339-5399

ibi@island.net



Residential Mortgages available for Mountain Properties

Finance your mountain getaway at Evergreen Savings and you'll receive flexible terms and competitive rates.



EVERGREEN SAVINGS CREDIT UNION

www.evergreensavings.com

For a free consultation please contact your nearest branch:

- Courtenay**
Braidwood Centre
250-703-0025
- Campbell River**
Discovery Harbour Branch
250-286-6205
- Willow Point Express Centre
250-923-0862



- Corporate & Commercial Law • Civil Litigation
- Wills & Estates • Real Estate & Property Development
- Divorce & Family Law • Criminal Law • ICBC and Personal Injury Claims

• Mark S. Kelly • Paul R. Ives • Mark Burger

334-2416



505-5th Street, Courtenay (Corner of 5th & Fitzgerald)
Fax: 334-3198 web: www.gkilaw.com email: gki@gkilaw.com



Mount Washington's Finest!

Absolutely the finest property available on Mount Washington. Located at the end of Fosters Place, this truly ski in and ski out chalet is situated to take in the morning and afternoon sun yet less than 100 feet away from the slopes.

The mountain home was custom built by the present owners with insulated concrete walls with R50 insulation. Inside, are two propane fireplaces, HRV system, Low E windows throughout, 4 bathrooms, central vacuum, 2 hot water tanks, and private concrete patios (both wired for hot tubs).

The home has been split into two areas, the main living area with 4 bedrooms and the spacious owners suite below. Plus, the overheight basement (11 foot ceilings) is ideal for getting out of the winter weather or workshop or ??? In the main area, take advantage of the spectacular views of the Beaufort Mountain Range and the vistas of Strathcona Park from the expansive outdoor patio, or put a hot tub on the upstairs deck located privately off the master bedroom. Downstairs, check out the patio as well!

The owner's suite gives the occupier the feeling that they are in their own chalet with an open plan and great views. The home has huge storage areas and has been set up to look after all the needs of renters and owners alike. Easy access to all winter activities and close to the Strathcona Park trailhead for summer time. Loads of parking available. In a nut shell, if you are looking for the finest accommodation on Mount Washington, come and check out Blue Haven!!

\$788,000



Executive Styled Chalet

Drive in and ski out from this executive styled chalet on Fosters Place. **SOLD!** This chalet is on the hillside near-de-sac with great exposure, huge vaulted ceilings and sleeps a bunch. Ski out the door and be back for lunch.

\$382,000



Fantastic Foster's Place

Over 4000 sq. ft. of living space in this spectacular recreation property. Separated into 2 living areas with the main area having vaulted ceilings, sweeping views and down is a bright, open owner's suite. Below is a garage and workshop. Located on Foster's Place with easy drive in access and ski from your door to the slopes.

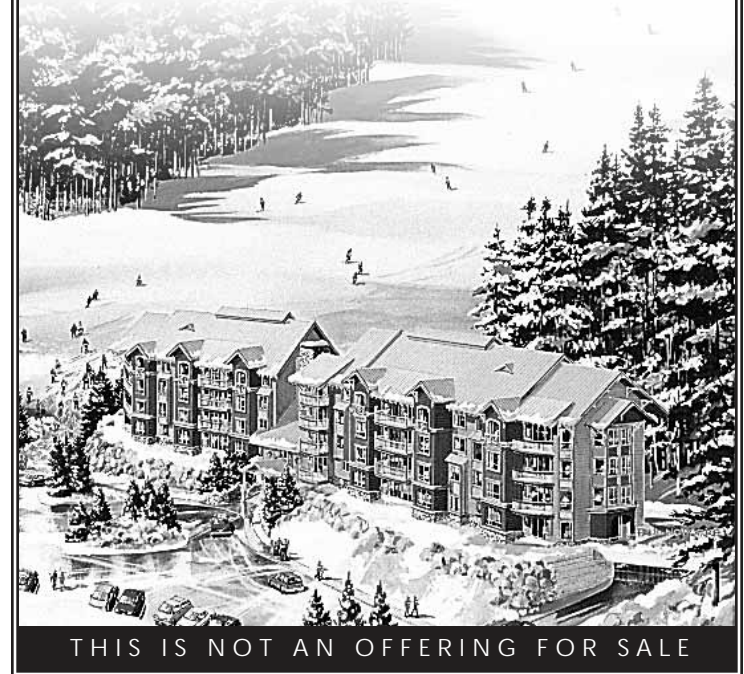
\$449,900



BEAR LODGE
AT MOUNT WASHINGTON

Recreational Real Estate continues to be the hottest investment choice today! With Deer Lodge sold out here is your opportunity to buy in to a proven winner!

Contact Rick Gibson for more detailed information.



THIS IS NOT AN OFFERING FOR SALE

Contact: Rick Gibson, the Preferred Agent on Mount Washington Ph: 250-334-3124 (24 hrs) Direct: 250-334-7503 www.rickgibson.ca

HOT GRAPHICS COOL CONCEPTS

H AVERS DESIGN

LOGO IDENTITY
ADVERTISING STRATEGIES | CD GRAPHICS | POSTERS
MAGAZINE PUBLISHING | BROCHURE DESIGN
PRODUCT PACKAGING
WEB SITES

www.haversdesign.com

391 11th Street, Courtenay **334-2844**

MAINTENANCE & More

Conrad Noel
Ph: 250-338-9707
Cell: 250-703-6450

- General Home Repairs • Renovations, Drywall, Painting (Full Service Professional Painter)
- Plumbing • Basic Electric • Appliance Repair
- Power Washing • Bobcat Services
- Contract Snow Removal

Located on Mt. Washington

Doing the Job Right the First Time!

Timber & Log Homes

Old World Style, New World Technology!
Also...

- Log & Timber Trusses
- Cabinetry & Millwork
- Wholesale Lumber Sales

Call Today!
1-888-919-9663
or 250-923-6111
Fax: 250-923-6195

IBC WOOD

Proud member of the Timberframers' Guild

TIMBERWRIGHT MANUFACTURING INC.
www.timberwright.ca

Beaveridge Contracting
www.ecohomes.ca



DEER LODGE

AT MT. WASHINGTON



1 or 2 Night Mile High Packages

Your fabulous package includes:

- * 1 or 2 nights in a 1 bedroom, 2 bedroom or 3 bedroom suite
- * A scenic chairlift ride
- * Breakfast each morning plus...
- * Dinner in the evening

STARTING FROM...

\$87.91

Per person based on two people in a one bedroom, taxes not included and subject to availability.

Ask about our Group Packages.
Don't miss out on your Christmas/New Years accommodation!

Book Early!

Toll Free: 1-877-845-4499 or 250-338-4383 Fax: 250-338-4366
e-mail: dlreservations@mountwashington.ca www.mountwashington.ca

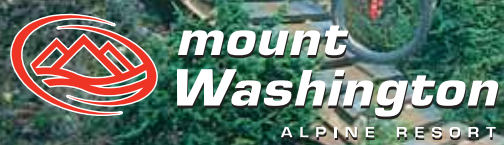


MOUNTAIN summer

CHAIRLIFT RIDES DAILY
June 26 until October 11

MOUNTAIN BIKING
30km of Single Track Trails for Novice to Advanced Riders
Two Chairlifts
Norco Rental Bikes


**ACCOMMODATIONS
DINING, GETAWAYS
SPECIAL EVENTS
and so much more!**



Tel: 250-338-1386
Central Reservations:
1-888-231-1499
www.mountwashington.ca

Why List your Mount Washington home with Rick Gibson and Royal LePage in the Comox Valley?

- ▶ The Royal LePage website receives over 800,000 visits per month.
- ▶ Rick Gibson's 3 web sites receive over 5000 unique visits per month.
- ▶ Photo displays in the Alpine Lodge showcase properties for sale.
- ▶ The Mount Washington Real Estate Channel shows your property 24/7.
- ▶ Royal LePage has four office locations in the Comox Valley including the Comox Valley Airport.
- ▶ Rick Gibson resides on Mount Washington and has 15 years experience promoting and selling on Mount Washington.
- ▶ The Mount Washington Marmot newspaper boasts an annual circulation of 80,000 copies.






ROYAL LEPAGE
In the Comox Valley
250-334-3124 (24 Hours)
www.rickgibson.ca
www.the.marmot.ca
www.mtwashingtonaccommodations.ca


"Where the name is up front and the family stands behind it."

Duncan Boy
Bob Saunders

We make it worth your drive to Victoria!



2005 Outback

SAUNDERS SALES & SERVICE  **SUBARU**
1784 ISLAND HWY., VICTORIA

250-474-2211 or Toll Free 1-888-898-9911